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Target Talk

NEWSLETTER OF THE LONG BEACH CASTING CLUB, ESTABLISHED 1925

AUGUST 2021

WWW.LONGBEACHCASTINGCLUB.ORG

Leader's Line...

Catch & Release Best Practices

STEVE JONES, PRESIDENT

I was reading FLY FISHERMAN magazine and I came across an article that I enjoyed so I thought I would share some of this with the members of the club....

Lee Wulff famously said in 1938 that "gamefish are too valuable to be caught only once." It took decades for catch-and-release fishing to catch on, but later generations of North American fly fishers eventually realized that it was a critical way to conserve fish stocks amid a growing population and dwindling habitat. In many places, our angling opportunities would be greatly restricted without catch-and-release ethics or catch-and-release regulations. There simply wouldn't be enough fish."

"Keep in mind, however, that in a few places, a fish population (non-native trout and panfish) can withstand some harvest. There's nothing wrong with eating a few fish caught in places where a wild fish population will easily replenish itself, and there aren't many anglers. I've done it myself in high-mountain streams and lakes in the Rockies that are brimming with brook trout. It's also okay to kill trout in some put and take stocked trout fisheries when the trout are not likely to survive the season due to environmental conditions."

"However, if you are going to release a fish, it's important to do it properly. Releasing a fish that dies due to improper handling is a waste, and if you catch-and-release many fish this way during the course of a day, you can kill more fish than a poacher who keeps more than his legal limit."

"If the water temperature is near or above 70 degrees,

catch-and-release trout fishing becomes unethical and impractical as the mortality rate can be quite high. In the heat of summer you should look for high-mountain streams that are colder, go bass fishing, or fish in the early morning when the water is coolest."

"The best way to release any fish is to do so without touching it. Release the fish by sliding your hand down the leader, grab the fly with a clamp or hemostats, and twist the fly out. The fish swims away untouched. A barbless hook makes this release technique incredibly effective. Regular pliers often don't have the delicacy you need for small trout flies, and it's important that your precision implement—much like a surgical instrument—has sufficient strength in its jaws as it clamps and holds onto the fly for you."

Leader's Line...Continues on page 9

Club Trips for 2021

MARC BONVOULOIR, 2ND VICE PRESIDENT

TRIP DATE TRIP & LEADER

Jul. 28–Aug. 1	Sierra Backpacking Trip Saddlebag Lake w/ C. Kumabe, J. Garvey, Pre-Trip July 1, 7:00 PM
Aug. 3	Tenkara Trip Laguna Lakes, 9:00 AM with Art Strauss
Sept. 12	On the Salt Surf Trip w/ K. Green, Pre-Trip TBD
Sept. 12–16	Southern Utah w/ Terry Komisak, Pre-Trip Aug. 28, 9:00 AM
Sept. 15–19	Sierra Backpacking Trip Cottonwood Lakes w/ C. Kumabe, J. Garvey, Pre-Trip September 9, 7:00 PM
Sept. 26–29	Lee's Ferry Trip w/ C. Bond, Pre-Trip Sept. 18, 9:00 AM
Oct. 9	Yards & Inches w/ M. Woodbury, Pre-Trip October 2, 9:00 AM
Nov. 6–9	NorCal Steelhead Trip w/M. Bonvouloir, Pre-Trip October 30, 9:00 AM

Trip location, dates and pre-trip workshops are subject to change, so monitor Target Talk or the web calendar for the latest information.

Trip deposits for trips which are "double occupancy", and require deposits in advance, are non-refundable. Should you need to cancel your reservation, your deposit money will only be refunded if another club member replaces you. If you would like to be a streamkeeper and need help organizing a club trip, let me know.

Please contact Marc Bonvouloir if you have any suggestions for a trip or any questions at: mrmlb21@gmail.com.



OFFICERS

PRESIDENT

STEVE JONES
(562) 682-7920

1ST VICE PRESIDENT

BOB MAYFIELD
(714) 392-2211

2ND VICE PRESIDENT

MARC BONVOULOIR
(213) 369-9525

CO-CAPTAINS

MARK FLO: (562) 420-8121
TOM OLSON: (310) 809-0409

MEMBERSHIP SECRETARY

MARK ANGELO
(562) 450-8865

TREASURER

ED ALVARADO
(213) 440-4655

CORRESPONDING SECRETARY

RAY LAW
(562) 619-0041

FACILITIES & POND

STEVE HIGASHI
(562) 508-8219

SENIOR DIRECTOR

MARK FLO
(562) 420-8121

JUNIOR DIRECTOR

COLIN KUMABE
(562) 221-9418

TARGET TALK EDITOR

ROB PETERSON
(310) 963-2515

August Club Meeting: Paul Newman & the North Platte

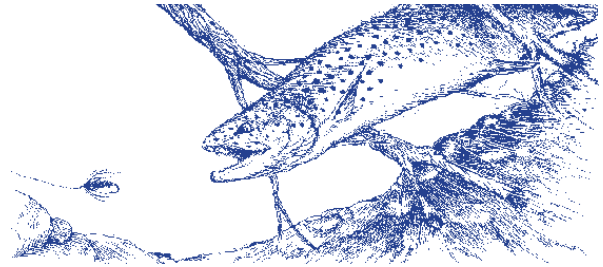
BOB MAYFIELD: 1ST VICE PRESIDENT

Paul is a North Platte native raised in Torrington Wyoming, where the North Platte offers far more waterfowl opportunities than fishing. By the young age of 14 Paul discovered his passion for the outdoors and fly fishing.

He began his guide career at the age of 20 while attending the University of Wyoming while obtaining his bachelors degree in Fisheries Management and Biology. During Which time he met his wife, Katie.

After college they moved to Eastern Wyoming where Paul found his second obsession and profession guiding waterfowl hunts. After a year in Torrington they both knew they wanted to live in Saratoga where Paul could be closer to his main work and Katie could be closer to family.

Now they are dual citizens of Torrington and Saratoga. In so they are spending the winters months guiding waterfowl hunters in grain fields along the North Platte River near Torrington. The rest of the year is spent guiding fisherman throughout Southern and Central Wyoming.



LBCC COVID Update

JOHN VAN DERHOOF, PAST PREZ

Here is a very quick notice to all that some of you may have missed in a recent Long Beach Casting Club eMail Blast.

Due to the recent surge in COVID, positivies the County of Los Angeles and the City of Long Beach now requires everyone, regardless of vaccination status, to wear masks indoors. This policy will be adopted by the Club. No exceptions.

The official notification from the City of Long Beach is below:

City of Long Beach Issues Updated Health Order Regarding to Use of Facial Coverings

The Long Beach Department of Health and Human Services (Health Department) has issued an updated Health Order, effective at 11:59 p.m. on Saturday, July 17, 2021, reinstating the use of facial coverings for everyone in indoor public settings and businesses, regardless of vaccination status. The mandate comes as Long Beach has seen a significant rise in COVID-19 cases in the month since the State of California fully reopened; Long Beach's updated Health Order is in alignment with Los Angeles County's order released earlier today.

Thanks to all for your cooperation.

Fly Fish the Trinity and Lower Sac Rivers with LBCC

LBCC WILL BE FISHING THE RIVERS OF NORTHERN CALIFORNIA! JOIN US...



ADDRESS: 4140 Churn Creek Rd, Redding, CA 96002
HOURS: Closes at 6:00 PM
PHONE: (530) 222-3555
E-MAIL: info@theflyshop.com

RED LION HOTEL
 1830 Hilltop Dr,
 Redding, CA 96002
 Phone: (530) 221-8700

Join the club as we venture up north to Redding California to fish the Trinity and the lower Sac for Steelhead and trout. We will be fishing out of 'The Fly Shop' in Redding, CA. for two days of fabulous Northern California Fly Fishing.

Details are as follows:

- WHEN:** November 6–9, 2021. Arrive on Saturday and depart on Tuesday.
- COST:** Total cost of the trip is **\$684.00** per person, double occupancy plus a small fee ranging from \$15–\$25 each for boat trailer repositioning. Trip cost detail is: \$495.00 per day for the guide, boat and lunch and \$ 126.00 per night for the room, for two anglers.
- DEPOSITS:** First deposit of \$495.00 due no later than October 1st, 2021 and should be sent directly to The Fly Shop under LBCC NorCal Trip designation on your check. Second deposit of \$189.00 will be paid upon departure from Red Lion Hotel when you check out on Tuesday, November 9.
- INCLUDES:** 3 Nights lodging and one day drift fishing on the Trinity River and one day drift fishing on the lower Sac. Lunch is included on drift days.
- NOT INCLUDED:** **Meals, fishing license, Steelhead Card and alcoholic beverages.**
- LODGING:** We will stay at the RED LION HOTEL in Redding, close to THE FLY SHOP. Room arrangements will be provided by Marc Bonvouloir. See above for Red Lion contact info and address.
- SCHEDULE:** Sunday, 11-7-2020. We will meet guides at The Fly Shop 8:00 AM (10 minutes from the hotel) and depart to float the Lower Sacramento. On Monday, 11-8-2020 we will meet the guides in Weaverville for a full day float/wade on the Trinity River. Weaverville is 1 hour west of Redding. River designations may change due to late fishing conditions.
- GEAR:** For the trinity 6–8 wt. rods and for the lower Sac 5–6 wt. rods. Fishing license and a Steelhead card (\$7.50) are required. Be prepared for all types of weather at this time of year. The Fly Shop will provide rods/reels if needed and all flies.
- MORE:** Questions or to get on the interest list Contact Marc Bonvouloir at 213-369-9525 mrmlb21@gmail.com

Remember Terrestrials

COLIN KUMABE, PAST PRESIDENT

Keepest terrestrials in your fly box while fly fishing in the Eastern Sierras (or anywhere else for that matter) during the summer and fall. When the fish don't seem to want dry fly offerings of either midges, scuds, may flies or caddis then try a terrestrial.

In the Eastern Sierra, terrestrials include ants, hoppers, crickets, and beetles. While ants are my go-to terrestrial, hoppers work nearly as well. Consider hoppers to be like offering a steak to a teenager, and for a trout the hopper is the equivalent to a dozen midges without nearly the same amount of effort.

Terrestrials are found on the bank of a stream or edge of lakes in the shrubs, grass, rocks and trees. Since ants, hoppers, crickets, and beetles are not born in the water, something needs to help these insects fall into the water.



Wind brings the largest variety of terrestrials into the water. In the Sierras, there are large gusts of winds that bring the bugs from very far away and dump them into the water. I have seen insect piles in lakes while kayaking and the trout rise to gulp these "steaks" left on the water surface overnight by the wind. On small streams while backpacking, there were large hoppers dropped into the water,



teaching even the small trout that hoppers are food. Also observed while backpacking, the trout have no fear striking an ant fly while fishing below pine trees. These pine trees are home to many ants that are blown into the water.

The poor flying skills of hoppers, crickets, and beetles usually are the reasons for trout enjoying these tasty bugs. When hoppers, crickets, and beetles fly, there doesn't seem to be much purpose in their flight. Landings and take-offs seem to be completely unplanned, so water landings are very possible.

In some years, terrestrials are more plentiful than other years. As of now this year (2021), there have been relatively few hoppers in the Eastern Sierra streams, likely due to the low amount of rain. The year following the unusually high rainfall, there was a hopper invasion on the freeway. I recall driving on US-395 near Crowley Lake and explaining to my wife that the road was not covered by pebbles, instead hoppers.

Of course, casting a larger terrestrial requires some practice. So, to start making the very best of your chances, practice your casting at the Long Beach Casting Club Pond.

See you at the Pond!

A Golden Opportunity: Catch Some Trout at Cottonwood Lakes

COLIN KUMABE, PAST PRESIDENT
JIM GARVEY, MEMBER

Cottonwood Lakes Sierra Backpacking Trip: Wednesday, September 15 through Sunday, September 19, 2021. On Wednesday, drive to Horseshoe Meadow, located just outside of Lone Pine. We'll car-camp at the trailhead at 10,040 ft. to acclimatize. We'll sort equipment and participate in a group potluck dinner. There is good fishing in Cottonwood Creek for goldens just off the road before Horseshoe Meadow, for those who arrive during the day.

The next day we hike in 5 1/2 miles with 1,200 ft. of elevation gain, mostly in the last mile and a half or so. Base camp will be established at Lake Three for the next three nights, Thursday through Saturday. We will hike out via the South Fork of Cottonwood Creek, and drive out on Sunday the 19th.

Besides fishing for golden trout in a beautiful basin below the Sierra Crest (which includes the South Fork Lakes), the area offers day hiking to other lakes,



peak-bagging and the opportunity to relax and enjoy a stunning mountain setting. Refer to **Sierra South** by Kathy Morey and Mike White, "Trip #79, South Fork Lakes", for additional info. A bear canister is required in this area, and carpooling is encouraged.

The trip pre-meeting and discussion of lightweight backpacking equipment and techniques will be Thursday, September 9, 7:00 pm at the Long Beach Casting Club Clubhouse (or by Zoom if the clubhouse is not open). Contact Jim Garvey at **310-985-0761** (jim_garvey@sbcglobal.net) or Colin Kumabe at **562-221-9418** (ctkumabe@gmail.com) to reserve a spot, or if you have any questions.



Saddlebag Lake Sierra Backpack Trip is Coming Soon!

COLIN KUMABE, PAST PRESIDENT *and*
JIM GARVEY, MEMBER

The Club's annual backpacking trip to Saddlebag Lake is coming up: July 28 through August 1.

WEDNESDAY, JULY 28: Meet Wednesday evening at the Saddlebag Lake Campground, for a potluck dinner and to organize packs. Remember to take only what you need! Leaving nonessential items behind makes your backpack light and the trip even more enjoyable.

THURSDAY, JULY 29: Begin the hike toward 20 Lakes Basin. We'll be taking breaks to fish and enjoy the scenery.

FRIDAY & SATURDAY, JULY 30-31: Day hikes to Lake Conness to catch golden trout or fish in some of the smaller streams and lakes.

SUNDAY, SEPTEMBER 12: Wake up early, fish, then pack up and hike back to the car.

The Pre-Trip meeting is 7:00 PM, Thursday, July 1, at the Clubhouse. If that's not allowed, we'll do a Zoom video conference (check the LBCC Calendar for the link). Jim Garvey will provide in-depth information on the trip and ultralight backpacking preparation strategies. Feel free to contact Jim for further assistance with gear selection and preparations.

Anyone wishing to be part of this backpacking trip should email Jim Garvey (jim_garvey@sbcglobal.net) or Colin Kumabe (ctkumabe@gmail.com).

New Club Members

MARK ANGELO,
MEMBERSHIP SECRETARY

The Board of Directors approved these new members at the last Board Meeting:

- ❖ James Mayfield & Family of Huntington Beach
- ❖ David Oliver of Chico
- ❖ Brent Devol of Long Beach
- ❖ Gregory Weiler of San Juan Capistrano
- ❖ Bruce Flint of Long Beach
- ❖ Jon Rodgers of Long Beach

Please greet and welcome all of our new members at the club's next monthly meeting. Here's wishing them a lifetime of healthy hatches and tight lines. **Members: if you see visitors at club meetings, let's make them feel welcome and inform them of the activities we have to offer!**

In appreciation for the many years of support,

Bob Marriott's is pleased to give 2% of all Long Beach Casting Club member purchases back to the club. This store credit can be used by the club for raffle prizes or toward other product purchases that will help enhance and benefit club activities. When purchasing from Bob Marriott's, please be sure to mention that you are a LBCC member to help ensure that a percentage of your sale goes back to the club.



GOLDEN SAILS

LB — HOTEL — CA



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GOLDEN SAILS HOTEL

6285 E. Pacific Coast Highway, Long Beach, CA 90803 | (562) 596-1631 | goldensailshotel.com

Leader's Line...Continues from page 1

HOW TO HANDLE A TROUT

"Most fish are covered in a protective slime. If you do handle the fish, keep this protective coating intact. Don't touch the fish with dry hands, don't place it in the grass or snow on the bank and use a net with a soft rubber mesh bag. Net bags made from cotton or nylon are abrasive, which is fine if you are netting a fish to keep, but not if you plan on releasing it."

"All fish have delicate gills, and their internal organs are not protected by a sturdy rib cage like ours. Don't stick your fingers into the gills, and never squeeze a fish while attempting to hold it or you will injure the fish. Also, the fish will probably pop out of your hands like a bar of soap. The harder you squeeze, the more likely this is to occur."

"Instead, gently cradle the trout or other fish with your hands, allowing it to rest/lean on your fingers and hands to distribute its weight. Always hold the fish in the water as much as possible, so the water helps support the fish naturally and all the weight is not on your hands."



If you catch a trophy or even just a memorable fish, you may want a photograph. If you lift the fish from the water, make sure your fishing companion is ready with the camera turned on and lens cap off before you lift the fish from the water. If your photo shows water still dripping from the fish, you probably held it up for the right amount of time."



You can also compose excellent photos with the fish still in the net, or just resting comfortably in your hands and partially or completely submerged. I have recently been taking some pretty cool slo-mo video with my cell phone of the fish swimming out of the net. "

"Waterproof cameras also allow you take photos of a trout in its natural environment without ever removing it from the water. With good light and clear water, these photos can offer a fresh perspective that is generations removed from the old "stringer" photos that our grandfathers seemed to enjoy so much."

"If you are fishing alone, don't put the trout up on the bank to photograph it. This makes for a poor picture, and when the trout flops on the snow, rocks, sticks, or sand, it can injure itself. If you are alone, cradle the fish half in/half out of the water with one hand, and shoot a few close-up pictures with your digital camera or phone with the other hand."

I have always admired the way the Joe Libeu releases fish. When fishing the banks he typically always gets in the water with the fish. He is never on the land trying to deal with a flopping fish.

There are some really good ideas mentioned above. We all know the importance of "Catch and Release" but are we releasing the right way so we don't hurt the fish? This is an important subject and my hope is that we remember these practices when we are fishing.

(with the author's permission from an article titled "[CATCH-AND-RELEASE: BEST PRACTICES TO RELEASE YOUR FISH UNHARMED](#)" by ROSS PURNELL. It appeared in the "[FLY FISHING MADE EASY](#)" 2020 issue of FLY FISHERMAN.)



FALL

2021 FLYBUY

**SATURDAY
NOVEMBER 13, 2021
9:00AM - 5:00PM
LONG BEACH, CA**



**WANT TO
CATCH
SOME NEW SPECIES?**

**CHANNEL ISLAND
FLY FISHING EVENTS!**

**DATES - August 31 (Tues) and October 30 (Sat)
Anglers - Trip is limited to six (6) anglers
and the host**

Cost is \$250.00 per person

Contact - Michael Schweit (818-601-9702)



Spey Casting 101 & Beginning Spey Classes

TOM OLSON, CO-CAPTAIN

The State of California opened from COVID restrictions on June 15th and the Long Beach Casting Club opened on June 18th just in time for the Club's first event since the closure. On Saturday, June 19th, we had the first Spey Casting Clinic and it was open to anyone who wanted to attend and learn about the world of Spey casting. We had over thirty-five attendees from several clubs that included members from LBCC as well as Pasadena and Sierra Pacific. We sat in lawn chairs and learned from our very own Certified Two-Hand instructor, John Van Derhoof.

A huge thank you to John for generously giving his time and knowledge in putting together a two and a half hour detailed seminar complete with a printed outline and hand-outs. Spey casting has a whole different mix of terminology, and it can be confusing to anyone who hasn't learned the basics. John broke down the components and we got a great education in Equipment, types of Casts, when to use those casts for safety and effectiveness, and excellent casting demonstrations.



The following weekends after the Seminar, we started the Beginning Spey casting clinics. We tried to accommodate as many casters as possible, but we can only reasonably fit ten casters in the Pond at any one time. Our goal is to teach as many Beginners as



possible but at this time, we've had to limit the number of classes and students per class—again you can only fit so many people in the pond casting at one time. If more dates are added, we will notify members who have reached out and are on our waiting list.

It's great to see the enthusiasm for Spey casting at Long Beach Casting Club. Please let me know if you have any questions.

Marv Dworzak's Memorial Service

BOB ALLEN, MEMBER

John Dworzak (Marv's son) would like to invite club members and friends to his father's memorial service. Here are the details:

DATE: **Saturday, September 4, 2021**
 TIME: **11:00 AM**
 LOCATION: **Good Shepherd Cemetery**
 8301 Talbert Avenue
 Huntington Beach, CA 92647

A time of sharing and "talking story" will follow at:

BJ's Pizza and Brewhouse
 16060 Beach Blvd.
 Huntington Beach, CA 92647

Thanks!

Loops of a Tailing Variety...

JOHN VAN DERHOOF, EDITOR

It's a frightening sight to see. That top leg of the loop—yes, the one that's *supposed* to be on top—coming up from below the bottom leg and clipping it. Oh, and the knots in the leader and line; jeez, what a mess.

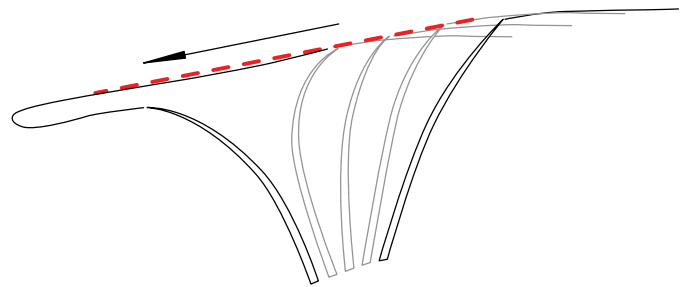
The bane of fly casting is the tailing loop. Nothing in casting creates more grief to casters and instructors. Tailing loops also produce more Band-Aid fixes and half-cocked, misunderstood remedies than any other problem in fly casting. I have seen a person's entire casting style change trying to minimize the problem, but not fix it. Often it's just disguised to look like a side-arm cast or a pulled open wide loop on the forward cast. What's disappointing is how they declare that this is a style of casting designed for wind and fishing and they point to a myriad of guides who do the same thing. Excuse me, just because someone is a guide doesn't mean they can cast let alone fix their own casting problems—and hey, you guides that cast like this (you know who you are), don't get mad at me, just work on your casting. Besides, with all of the excellent instructors down at the Club, what happened to solving the problem instead of using a Band-Aid to hide it?

So let's talk loops and then, specifically, tailing loops.

Whenever we discuss casting loops we need to address two issues: the path of the rod tip and its acceleration. These two always determine whether a cast will have a beautiful aerodynamic loop, a wide/round loop or one that tails. When the rod tip travels in a relatively straight line with the proper acceleration the result will be a nice, well-formed loop. If the rod tip travels in a domed, convex path with the proper acceleration, the resulting cast will be a wide round loop or non-loop. Finally, when the rod tip travels in a dished, bowl-shaped, concave path, then we have a tailing loop. Please note that I did not mention proper

acceleration in reference to a tailing loop and you will see why shortly.

There are essentially three primary causes for a dished path and a tailing loop: 1) Inappropriate Acceleration of the rod; 2) A Push-Pull of the casting arm and rod (think train piston) and; 3) a High to Low to High path of the rod and casting arm. Both the Push-Pull and the High-Low-High are uncommon so let's go straight to the real culprit, inappropriate acceleration...



The Narrow Loop: the dashed line shows the rod tip's path a straight line. This what casting is all about...

Acceleration, as it relates to the casting stroke, is a smooth, gradual increase in the speed of the rod tip to an abrupt stop. An example I have used for years, and one most people can relate to, is getting into your car and smoothly accelerating to 5, 10, 15, 20, 25 mph and smack into a concrete block wall; instantly (and I mean instantly) reducing your speed to zero. This is the kind of rod tip acceleration we are talking about.

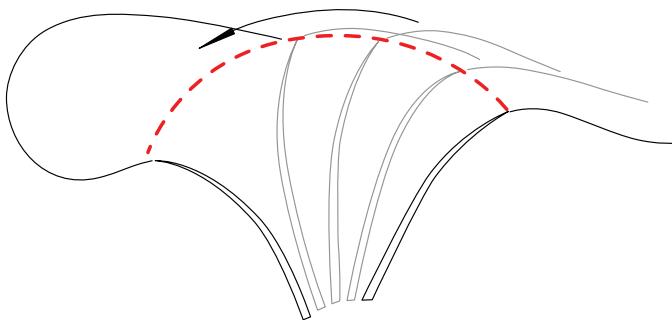
Inappropriate Acceleration is spiking the rod tip's speed **before** slowing down to a firm stop. If you can't maintain the acceleration you will throw a tailing loop—period. You can never slow to a firm stop after an acceleration without causing a tailing loop because the process of slowing down straightens the rod raising the rod tip and creating the dished path. This may not seem like much but, in a casting stroke it's one of the worst things to do.

So now let's look at what casters are doing to cause this poor acceleration and the subsequent tailing loops. Frankly, there are almost as many problems as there are casters—a scary thought and quite a

challenge to an instructor. Fortunately we can boil most of these problems to a few basic issues.

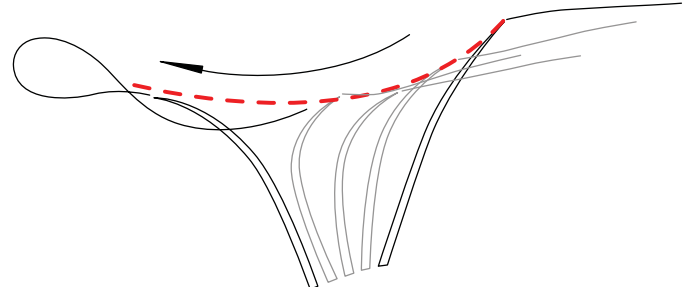
The **“Spin-Casting Bang”** is one fault commonly seen in beginning fly casters who have been spin or bait casting for a long time. The problem is that acceleration is way too quick at the very beginning of the cast, just like the acceleration one would use when tossing a lure with a spinning rod. They may know that the spin casting and fly casting stroke are entirely different, but overcoming the muscle memory developed over years of fishing can be very difficult. Recognition that there is, in fact, a problem is key and the caster should start by looking at what their hands are doing during the cast as opposed to watching the line in the air. This is one of the first steps in detecting their casting faults and in removing themselves from that great river of: ‘de Nile. The key to solving this fault is to teach oneself to start the forward cast slowly and then smoothly build up speed to an abrupt stop. Learning to perform a proper Roll Cast can help.

Trying to cast **“Too Much Line with Too Short a Casting Stroke”** is another way the caster can cause a tailing loop. Generally, we can say that a short cast requires a short stroke and the longer the cast, the longer the stroke needed. Casting more line than the length of casting stroke and/or the caster can handle, forces the caster to accelerate too quickly and improperly, causing a tailing loop. A very good caster may be able to match the shortened timing and the acceleration but this is truly a challenge and not even necessary.



A Wide Loop cast: please note the domed/convex rod tip path

One of more common manifestations of this problem is what is commonly called **Creep**. This is a different



The Tailing Loop: the dashed line shows the rod tip's path

way of doing the previous fault resulting into a too short casting stroke. Creep occurs when the caster slides and/or rotates (creeping) the rod forward to a near vertical or even forward canting position after the stop on the back cast while the line and is still traveling rearwards. This drastically reduces the length of stroke causing a forced acceleration to undo that shortness and a tailing loop results. It also tends to drive the cast at a too steep angle towards the water.

What causes the Creep is usually one of three factors: 1) Impatience and an unwillingness to wait for the back cast to straighten without doing something—Type A personalities (like me) beware; 2) Stopping the rod so hard on the back cast that the rod and casting arm literally rebound forward to the shortened position—like bouncing off a rubber wall; 3) Misunderstood timing device—they think they're drifting, lengthening their stroke, but in fact are creeping. Drifting the rod is a timing and stroke lengthening device employed by many casters (including me) but it needs to be done properly or wide or tailing loops will result.

To correct Creep the caster needs to practice casting with **less power** while holding the back cast position as the loop unfurls to the rear. Watching the hand position (and not the line) during the cast especially at the stop and immediately afterward is a valuable tool to achieving this goal.

The final common cause of dished rod tip paths and tailing loops is caused by the **“Improper Use of the Wrist”**. This is seen in all levels of casters but is surprisingly seen in better casters as they stretch their

Loops...Continues on page 14

Loops...Continues from page 13

casting wings and try to throw tighter loops or cast a greater distance. By the way and just so you know, the use of the wrist in casting is a style issue—you either use it or you don't and it doesn't matter either way—just so long as you use the wrist properly.

Most of the best casters in the world use their wrists. The primary way to do it properly is to open it at that last instant at the stop on the back cast. Then keep it open on the forward stroke closing it the instant you stop. Open or close the wrist at any other time in the cast will create a wide loop or a tailing loop—or both! What often happens when the wrist causes a tailing loop is that the caster is pulling the rod tip forward in a relatively straight line path, closes the wrist and, instead of stopping right there, continues forward to a stop. This is what instructors call a *"Two Part Stop"*.

Closing the wrist creates a tremendous acceleration of the rod tip through rotation but instead of stopping there, the caster continues to slide forward to a stop. Even an inch of forward travel after the acceleration created by closing the wrist can cause a tailing loop! The forward motion after closing the wrist is actually a deceleration causing the rod to partially unload raising the rod tip above the straight line path turning a good cast into a tailing loop. To correct this fault, the caster needs to finish closing the wrist at the same instant he or she stops the rod and that's tough to do. That's also why we usually don't teach folks how to use their wrist until later in their casting career!

So now you've had a brief look into the horror that is the tailing loop. It requires time, effort and practice, practice, practice to learn the long, smooth pulling acceleration that is the hallmark of a proficient and efficient casting stroke. I hope you can use the information here to self analyze your own casting and make the necessary corrections to toss the type of tight, aerodynamic loops we all strive to achieve.

*The Long Beach Casting Club...
bringing better casting to the masses...*



15% Discount from Aventik

PAUL BURGNER, MEMBER

Chao Hang of Aventik is offering LBCC members a **15% discount** on the below products. Go to the club page and click on "Sponsors", then "Aventik". The Aventik (Amazon) page will come up. Type the ASIN # in the search area (example: ASIN B079NBK9L4). The product will come up. **Or: just click on the item description below.**

Use code **VI246SVX** for the discount. The list and code changes monthly, so keep watching here.

Items for this Month:

- ❖ [Aventik Waterproof Fly Fishing Boxes Easy Grip Foam Multi Magnetic Compartments ASIN: B072HTD37C](#)
- ❖ [Aventik 24 Braided Leader Loop Connectors Slim 30lbs \(18pc\), 50lbs \(6pc\) ASIN: B07KTSSD8N](#)
- ❖ [Riverruns Bonding and Welding Glue Super UV Glue Plastic, Glass and Metal UV Glue with Pen Light ASIN: B07RQ545N2](#)
- ❖ [Riverruns Fly Tying Thread Spool Stand Wood ASIN: B077SBSZZ5](#)
- ❖ [Aventik 15 Fishing Rod Rack Holder, Vehicle Fishing Rod Holder, Wall Rod Rack, Hold 8 Fishing Rod, 12 Mini Rod Holder ASIN: B08JLZ1GJ9](#)

2021 Brookie Bash Recap (Is it a Record?)

MARC BONVOULOIR, 2ND VP

Sitting in the famous bar at Tom's Place on Sunday afternoon talking to 32 year veteran bartender JoJo, Armando Palomares and I happened to mention we achieved the Sierra or "Sadler" Slam. "What?" she said, "people don't do that in a lifetime!!" Well, had every LBCC member who achieved the Slam been at that horseshoe shaped bar that afternoon, it would have been packed.

At last count a dozen or so members caught all 5 species of trout in the Eastern Sierra in one weekend. That's a Golden, Rainbow, Brown, Brook and Cutthroat. WOW! It's not like these fish live in neighborhood ponds. It takes serious shoeleather (and some gasoline...) to find these fish.

Two of the fish don't live with any of the other species—at least not within a day's hike unless you count trying to get a Cutt on Crowley in 32 feet of water. One dozen members achieving this feat is incredible. I'm not sure of the history but that number seems to be a record for the club. The names of all the members getting the Sadler Slam will be listed in next month's Target Talk.



Fishing conditions were good. Unlike last year there were no fires in the region but the water was skinny and warm. In Horseshoe Meadow and parts of Cottonwood Creek were dry. Water temps were



in the high 60s at Heart Lake in the Little Lakes valley which is over 10,000 feet up! Hot weather and afternoon thunderstorms hampered fishing a bit but not enough to keep our membership away.

It's hard to say exactly how many made the trip but 40 to 50 seems conservative. At the pizza party on Saturday night in the McGee Creek parking lot, over 30 members enjoyed food and friendship just like at the clubhouse.

A special thanks goes out to our streamkeeper Armando Palomares for organizing, handling the Pre-Trip meeting and buying all of those pizzas. Thank you Armando!!!

Remember the immortal words of Jeffrey Sadler:

***"Rookies and Brookies
are made for each other!"***

Fish Southern Utah with The Quiet Fly Fisher

❖ September 12–16, 2021 ❖



Address:

The Fly Shop Local:
17 E. 200 North
Loa, Utah 8747

Phone:

(435) 616-2319

E-mail: The Fly Shop – mikejames@scinternet.net

or: Terry Komisak at – tk_nsp44@yahoo.com (562) 221-2631

DATES:	September 12–16, 2021 arrive Sunday, depart Thursday.
TOTAL COST:	The total cost of the trip will be approximately \$795.00* per angler, double occupancy.
PAYMENT TERMS:	Reserve your spot— <ul style="list-style-type: none"> ❖ A \$300.00 non refundable deposit is due no later than May 1, 2021. ❖ Your second deposit of \$300.00 is due no later than June 15, 2021. ❖ Your balance is due no later than August 15, 2020. Make check payable to the LONG BEACH CASTING CLUB, and send to LBCC, PO Box 90035, Long Beach CA. 90809.
INCLUDES:	Four nights lodging; three days guided wading or float tubing on the waters of southern Utah provided by The Fly Shop as run by the Quiet Fly Fisher for Sept 13,14,15.
FISHING GEAR:	3 wt. to 6 wt. rods. Float tubes can be arranged by the guide service.
LODGING:	Sun Glow Motel, 91 E. Main St., Bicknell, Utah 84715
YOUR RESPONSIBILITIES:	<ul style="list-style-type: none"> ❖ Your transportation to and from Loa, Utah, tips for guide service ❖ A current Utah Fishing License which can be purchased on-line here: https://secure.utah.gov/hflo/main/serv1/index.html?server=serv1
EXTRAS:	Since this is a fall season trip, expect thunderstorms and cooler weather. Bring a warm jacket and cap. Also, the elevation of the lodge is 7,400'. Bring sun protection gear. Wading can be demanding at elevation and stream beds are uneven. Some waters are around 10,000'.
MORE:	The guides will provide transportation in their 4WD vehicles. Bring motion sickness remedies if necessary. NOTE: Loa, Utah is a small touristy community which closes early, 8:00 PM. Bring things you need, don't expect to find them there. There are several good restaurants in the area which tend to close around 8:00 PM also.

Get ready for an
unforgettable experience!

*Price subject to last minute changes.



Recordings of LBCC Monthly Speakers

ROB PETERSON, TARGET TALK EDITOR

The Club has begun recording the presentations from our Monthly Meetings. Here is the information for the four we've recorded so far; to access them, click on the below links, and copy and paste the password information at the prompt:

JANUARY: John McMillan, the Science Director for Trout Unlimited's Wild Steelhead Initiative on how diversity is key to steelhead resurgence.

John McMillan Presentation January 28, 2021
Passcode: @P4H#KUM

FEBRUARY: Brandon Worthington of Worthington Flyfishing, Ashland Oregon. The topic was "A Guides Perspective on the Upper Klamath Dam

Removal Project".

Brandon Worthington Presentation Feb. 25, 2021
Passcode: .Ag.a2Z7

MARCH: James Monteith, Founding Chairman of Eastern Oregon Legacy Lands. The topic of the presentation was "Reintroducing Sockeye Salmon to the Wallowa River".

James Monteith Presentation March 25, 2021
Passcode: 19@H7fdT

APRIL: no monthly meeting (replaced by General Annual Meeting).

MAY: Doug Rodricks, owner of Sierra Drifters Guide Service in Mammoth Lakes, California. The topic was "Fishing the Sierra".

Doug Rodricks Presentation May 27, 2021
Passcode: n2@BRL*w



It's Full on Summer IN THE EASTERN SIERRA!!!

Crowley Lake is California's premier trout stillwater fishery. The summer bite is strong, and the views on the lake can't be beat.

Give me a call if you'd like to book a trip for the lake. Chris Leonard - 818.288.3271
I offer half-day and full-day trips. Moving waters as well as Crowley Lake.



Fly of the Month: Moodah Poodah & Terrestrials...

JOHN VAN DERHOOF, PAST PREZ

It's summertime and the heat is on. You hear the crunch of dry leaves and branches underfoot as you approach the stream and the strange but oh so familiar clicking and buzzing of insects in the background. That means it's a great time to tie on a terrestrial especially since you can't see anything happening on the surface and you don't really want to plumb the depths. If it were my choice I'd pick a Moodah Poodah.

Yup, it's a really goofy name. Not sure how it got it but the one thing I know is that the silly thing works. It is fairly easy to tie, floats great, easy to see and fish absolutely love it.

I first used the fly a few years ago on the Upper Owens and Hot Creek during the Club's Brookie Bash. Three years ago while in Colorado for my nephew's wedding my daughter Nicole and I were fishing near the thriving metropolis of Hartsel in the South Park (yeah, really the same one as on TV and don't blink or you will miss Hartsel...) in Badger Basin before we got chased back to the car by a rather violent thunderstorm. However, before the lightning arrived we got several nice browns and rainbowa on some size #12 black versions I had tied just before the trip. A few days later while I was wade fishing in 90°–100° temps on the Green River below Little Hole I again used a larger yellow and tan Moodah Poodah on a dropper with a bead head caddis pupae. The fish ate both equally until the heat drove me and my need for a beer back to the car.

The fly is typically tied as a smaller hopper or cricket pattern in black, yellow, brown or tan. I have also tied it in a green body version but heck, I think the sky's the limit here. How about a Purple Haze version? Some versions I have seen tied with the foam head tied on in a different fashion as the way I tie. Personally, I think that's a harder tie and while it may float a bit better using that technique, my version floats so well you won't notice a real difference and it may be a bit more durable.

So how can you go wrong with it? Simple, you can't...

Materials for Tying the Black Moodah Poodah:

- HOOK:** Daiichi #1160 in sizes 14 to 10; or Tiemco #2312 for Sizes 8 to 4
- THREAD:** Veevus 12/0 or (10/0 for larger); fluorescent orange
- TIP:** UV Hot Orange Ice Dubbing
- BODY:** UV Black Ice Dubbing
- RIBBING:** Fluorescent orange Krystal Flash
- UNDERWING:** Fluorescent orange Krystal Flash with Elk over
- OVER-WING:** 2mm black foam sheet
- THORAX:** UV Black Ice Dubbing
- LEGS:** Barred rubber legs; orange
- HOTSPOT:** Fluorescent orange and/or pink Trigger Point fibers



Instructions for Tying the Moodah Poodah:

1. Insert the hook in your vise and attach the thread near head space. Wind back to the bend of the hook and continue about 1/3 to 1/2 the way down. Apply a small amount UV Hot Orange Ice Dubbing to your thread and wind it onto the hook about 3 turns.
2. Attach a 4–6 inch length of fluorescent orange Krystal Flash to the near and low side of the hook. This is the proper location for a reverse wound ribbing. Apply UV Black Ice Dubbing to your thread and wind forward over the hook but leave yourself enough room for a largish thorax. Now wind the Krystal Flash ribbing in the reverse direction about 4 or 5 turns and tie it off.
3. Tie in about 8 to 12 strands of fluorescent orange Krystal Flash flat over the top of the hook. They should extend to the bend of the hook. Select a small bunch of elk body hair. Stacker to even up the ends and tie it in as you did the Krystal Flash and about the same length as well. I cut the butt ends of the elk hair so that only an 1/8 of an inch extends beyond my fingers. This means I don't have to grab and lift the butt ends afterwards in order to cut them away which loosens the thread wraps anchoring them. Apply a small drop of super glue (**NOT** UV resin—it's a coating; not a glue) over the butt ends of the Underwing.
4. Now the over-wing. For a size #12, cut a 3/16" wide by 3" long strip of foam. Next, cut a slight taper in one end on both sides of the foam to help tie it in. Place the foam on the top of the hook with the tapered end up against the butt ends of the underwing. Bind the over-wing down starting with some tight but wide spaced wraps starting at the back end and moving as close to the eye as you can possibly get. Throw the "head space" out the window—you don't need no stinkin' head space on this fly. Wind with close tight wraps back to the start point at the butt ends of the underwing.
5. Apply UV Black Ice Dubbing to your thread to make the thorax. Apply a lot of it! Wind forward to the eye of the hook and back to the starting point. The thorax wants to be thick and shaggy. I often use a normal dubbing noodle on the way forward and



then use split thread dubbing on the way back to achieve that end.

6. Fold the foam sheet back over the thorax and bind it down where the body ends and thorax begins. At this point I often whip finish larger flies before moving on to the legs and hot spot.
7. Cut a 3" length of rubber leg material and tie it in along the far side of the hook and another length on the near side. About 1/3 should be in front and 2/3 behind the tie in point. Pull the leg material up so that it is right underneath the over-wing. All of this is done on the exact same spot where you tied off the over-wing. Without stretching the leg material too much grab the ones in front together and cut them to an equal length. Do the same with the rear legs.
8. Finally, remove a small bunch of fluorescent orange and pink Trigger Point fibers—50:50. At the same spot where the over-wing and legs are tied in, place the Trigger Point fibers on top of the over-wing and tie them in. Now do one last whip finish and trim away the thread. Pull the Trigger Point fibers straight up and shorten them with one, straight horizontal cut of you scissors.

And hey, you're done! Now, go fish!

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ON THE RIVER CLINICS *for 2020-2021*

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KATHY KIM, FFF CERTIFIED CASTING INSTRUCTOR

Join us for a weekend of educational experience designed for anglers of all levels who wish to improve their success on the streams.

BEGINNING CLINIC:

You will learn about a productive rigging system for subsurface and get an overview of insect life, reading the water and stream structure, safety and positioning yourself in the stream. You will gain insight and knowledge that will be a strong foundation in any fly fishing.

ADVANCED CLINIC:

You will be introduced to the increasingly popular Czech and other European nymphing techniques. You will learn both short and long-line methods and how to tie these rigs. You will be amazed at how effective these methods of subsurface fishing are, and your understanding will help

you improve in other areas of fly fishing.

2020-2021 CLINIC SCHEDULE:

BEGINNING	ADVANCED
December 12-13	—
January 23-24	January 9-10
February 20-21	February 6-7
February 7 & 8	February 21 & 22
—	March 6-7

The clinic is limited to a maximum of 6 students. **\$300.00** tuition includes 2 full days of on-the-stream instructions. Not included are lodging, tackle, meals, fishing license and transportation. Dates are subject to change based on local conditions.

Fly Tying Tip: Custom Dubbing Blends

DAVE BOYER, MEMBER

Forty gazillion dubbing blends at the fly shop and still not what you want? We all have had times 'standard' dubbing is just not the right color, texture or have the right amount of flash, hence the desire for a "Custom" blend of your own making.

You can manually blend the materials, but if you have say Antron, Ice Dubbing or other synthetics you want to combine with natural fur, it becomes a bit harder to get a uniform mix.

Enter the coffee grinder!

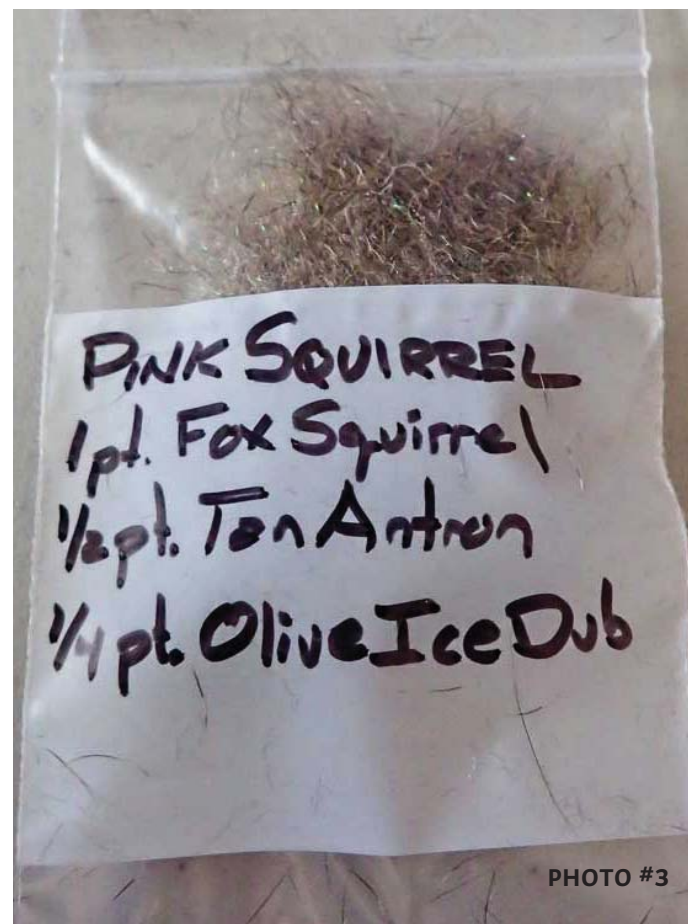


I would suggest you not use the house grinder, fuzzy coffee is not good. Find a cheap one you can dedicate to your tying bench. Easy to use and they blend materials great. (Photo#1 and #2).

Once you have your blend the way you want, now you need to remember what you used and the amounts. I use small baggies with the proportions of materials (Photo#3) and the name of the fly if it is a blend from



someone else. This way if you tie up a couple of dozen, find they work great or you give them away and run out of flies after a few months, easy to re-create the blend and use, not relying on your memory.



PINK SQUIRREL
1pt. Fox Squirrel
1/2pt. Tan Antron
1/4 pt. Olive Ice Dub

Calendar of Events

August

2	Monday	7:00 PM	Board of Directors Meeting
3	Tuesday	9:00 AM	Tenkara Trip Laguna Lakes w/ Art Strauss
		7:00 PM	Club Cast
4	Wednesday	7:00 PM	Fly Tying Forum on-line (Tying begins at 7:30)
5	Thursday	7:00 PM	Spey Casting Under the Lights
7	Saturday	9:00 AM	Beginning Spey Casting Class Session #2—Day 2
10	Tuesday	7:00 PM	Club Cast
11	Wednesday	7:00 PM	Fly Tying Forum on-line (Tying begins at 7:30)
12	Thursday	7:00 PM	Spey Casting Under the Lights
14	Saturday	9:00 AM	Club Spey Cast
17	Tuesday	7:00 PM	Club Cast
18	Wednesday	7:00 PM	Fly Tying Forum on-line (Tying begins at 7:30)
19	Thursday	7:00 PM	Spey Casting Under the Lights
21	Saturday	9:00 AM	Club Spey Cast
24	Tuesday	7:00 PM	Club Cast
25	Wednesday	7:00 PM	Fly Tying Forum on-line (Tying begins at 7:30)
26	Thursday	7:00 PM	Monthly Meeting: Saratoga Flyfishing, Wyoming
28	Saturday	9:00 AM	Pre-Trip: Southern Utah with Terry Komisak
			Club Spey Cast
31	Tuesday	7:00 PM	Rod Building Class—Session #1

September

1	Wednesday	7:00 PM	Fly Tying Forum on-line (Tying begins at 7:30)
2	Thursday	7:00 PM	Spey Casting Under the Lights
4	Saturday	9:00 AM	Club Spey Cast
6	Monday	7:00 PM	Board of Directors Meeting
8	Wednesday	7:00 PM	Fly Tying Forum on-line (Tying begins at 7:30)
9	Tuesday	7:00 PM	Pre-Trip: Cottonwood Lakes Backpack w/ C. Kumabe, J. Garvey
			Spey Casting Under the Lights
11	Saturday	9:00 AM	Club Spey Cast
12	Sunday		On the Salt Surf Trip w/ Kevin Green, Pre-Trip TBD
		9:00 AM	Club Cast: Captain's Handicap
12-16	Week		Southern Utah Trip w/ Terry Komisak
14	Tuesday	7:00 PM	Rod Building Class—Session #2
15	Wednesday	7:00 PM	Fly Tying Forum on-line (Tying begins at 7:30)
15-19	Weekend		Cottonwood Lakes Sierra Backpack w/ Colin Kumabe, Jim Garvey
16	Thursday	7:00 PM	Spey Casting Under the Lights
18	Saturday		On the Salt Surf Trip w/ Kevin Green
		9:00 AM	Pre-Trip: Lee's Ferry w/ Craig Bond
			Club Spey Cast
19	Sunday	9:00 AM	Club Cast
21	Tuesday	7:00 PM	Rod Building Session #3
22	Wednesday	7:00 PM	Fly Tying Forum on-line (Tying begins at 7:30)

23	Thursday	7:00 PM	Spey Casting Under the Lights
25	Saturday	9:00 AM	Club Spey Cast
26-29	Week		Lee's Ferry w/ Craig Bond
28	Tuesday	7:00 PM	Rod Building Session #4
29	Wednesday	7:00 PM	Fly Tying Forum on-line (Tying begins at 7:30)
30	Thursday	7:00 PM	Monthly Meeting: Todd Pond

October

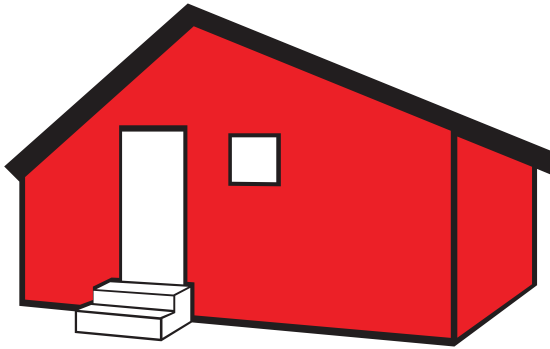
2	Saturday	9:00 AM	Pre-Trip: Yards & Inches w/ Mick Woodbury
		9:00 AM	Club Spey Cast
3	Sunday	9:00 AM	Club Cast
4	Monday	7:00 PM	Board of Directors Meeting
5	Tuesday	7:00 PM	Rod Building Session #5
6	Wednesday	7:00 PM	Fly Tying Forum on-line (Tying begins at 7:30)
9	Saturday		Club Trip: Yards & Inches
		9:00 AM	Club Spey Cast
12	Tuesday	7:00 PM	Rod Building Session #6
13	Wednesday	7:00 PM	Fly Tying Forum on-line (Tying begins at 7:30)
15-17	Weekend		Northwestern Casting Tournament at GGACC
16	Saturday	9:00 AM	Club Spey Cast
19	Tuesday	7:00 PM	Beginning Fly Tying Class Orientation—Session #1
20	Wednesday	7:00 PM	Fly Tying Forum on-line (Tying begins at 7:30)
23	Saturday	9:00 AM	Club Spey Cast
24	Sunday	9:00 AM	Club Cast
26	Tuesday	7:00 PM	Beginning Fly Tying Class—Session #2
27	Wednesday	7:00 PM	Fly Tying Forum on-line (Tying begins at 7:30)
28	Thursday	7:00 PM	Monthly Meeting: John Van Derhoof on Fly Tying
30	Saturday	9:00 AM	On the River Clinic w/ Joe Libeu—Session #1
		9:00 AM	Club Spey Cast



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