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Newsletter of the Long Beach Casting Club, Established 1925

August 2013

www.longbeachcastingclub.org

(562) 433-9408

Leader's Line...

Get High or Get Salty

JIM THOMASON, PRESIDENT

ugust is often a month of warm water with recommendations that if you fish to do so early and late in the day and leave the trout alone during the heat of the day. That advice may be particularly relevant this year as many of our favorite waters are already running low. If that applies to you don't fret. There's a whole host of other options available for great August fishing.

One solution to the warm water issue is to get high. By that I mean fish at altitude. Many of the high altitude lakes and creeks in the Eastern Sierra's are prime August waters. We just finished our Brookie Bash which entails a short hike starting at 10,000 feet and generally fishes very well in late July.

If you missed that one, or are ready for more, check out our Cottonwood Lakes backpack trip this month. Other than the altitude (it too starts in the 10,000 foot range) it's a good introduction to backpacking and we provide lots of beginner information and support. It's also a great chance to fish for the beautiful Golden trout. Contact Jim Garvey for details. There are many other such areas in the Sierra's and Yosemite that provide similar opportunities, many of which are day hikes.

Another solution is to fish our local saltwater. Mick Woodbury will be hosting our annual Yards & Inches Tournament. Don't let the "tournament" label turn you off though. It's really just an excuse for a fun and easy get together to fish Huntington Harbour and

enjoy posole and beverages. We keep track of the total length of fish caught simply to determine who's in charge the following year (you do get your name on a trophy however). You will need something to float on or in. Float tubes are not recommended but kayaks work very well and are readily available for rent. Many of us will also be in pontoon boats and there will be a few motorized boats as well.

While technically not being held in August, our September outing (with a Pre-Trip in August) will be a trip to Huntington Beach to fish the surf. Very little equipment is required for surf fishing and it can be very rewarding. It can be a bit frustrating in the beginning but that can be reduced considerably by taking advantage of the many club members and area "experts" willing to help you out. In this time of expensive gas and limited time, the local surf makes a great option to get some fishing in.

A final option is the topic of our monthly meeting.

Leader's Line continues on page 3

2013 Fly Fishing Faire Hosted by the FFF Southwest Council

ost fly-fishing shows are held in convention centers or hotels. When the clubs of the Southwest Council FFF planned their first Fly Fishing Faire, they took it to the very heart of California's fly fishing country: Mammoth Lakes. The Faire will be September 20–22 at Cerro Coso Community College and will feature programs, demonstrations and hands-on lessons by writer, photographer and champion flycaster Brian O'Keefe.



PROGRAM HIGHLIGHTS INCLUDE:

- Switch it Up, a class on "switch" rods by Hutch Hutchison
- Improving casting distance, O'Keefe
- Introduction to Spey Rod Casting, John Van Derhoof
- Presentation and Accuracy, Steve Osterman
- Tying Woven Body Flies, Cheryl Moore
- Tying the Muddler Minnow, Steven Fernandez
- Extended Body Flies by Naomi Okamoto
- Learning to casting with either arm, Marshall Bissett
- Fly Fishing Hot Creek, Owens River, Lake Crowley, and the Walker River Basin and Wildlife photography.

Fly Fishing Faire admission is \$15 adult or \$20 per family; ages 16 years and younger are free. Select classes and seminars have additional registration fees. For on-line class and seminar schedules, class fees and lodging options and advance registration; club members should visit www.SWC-FFF.org/faire or phone (818) 200-1499.



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Completing the California Trout Challenge... with Howard Uller & Jun Watanabe

PABLO GRABIEL, 2ND VICE PRESIDENT

ur meeting this month will feature "Completing the California Heritage Trout Challenge". If you've ever thought about undertaking this effort, you'll want to attend this month's meeting to find out first hand what is involved.

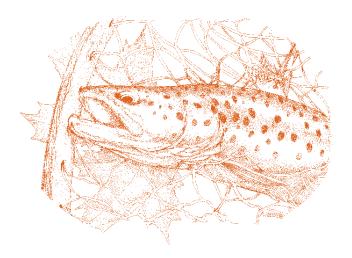
The best way to learn about this challenge is from club members who have either successfully completed or have almost completed the challenge. Jun Watanabe and Howard Uller are two such members. They have prepared a thorough presentation on the challenge that will provide the following:

- The purpose behind the DFG's issuing this challenge.
- The Plan: the six trout they planned to catch.
- The streams they fished with clear pictures of the spots they caught fish.
- Maps on how to get to these spots.
- Presentation strategies: downstream pile casts with long leaders, Zorro casts, reach casts, snap "C" and various Spey casts.
- Patterns that the fish hit (Jun and his magical soft hackle flies along with Howard's parachute and "hackle stacker" emergers).
- Their call for stream restoration and conservation.

Those attending will benefit from the collective insights and strategies that our two friends will willingly share with everyone. This will provide the footprints that each club member can follow to successfully and joyfully undertake and complete their own challenge. A little nudge might even get one or both of them to accompany you on your pursuit of challenge.

Jun plans to complete his challenge with a fall trip to the Golden Trout Wilderness. Howard completed the challenge in August 2012 and is Heritage Trout Challenge awardee #239.

The meeting is Thursday, August 29th at 7:00 PM and I look forward to seeing you all there!



Get High or Get SaltyLeader's Line continued from page 1

Howard Uller and Jun Watanabe will reveal the ins and outs of the California Heritage Trout Challenge. A program sponsored by the Department of Fish and Wildlife requires catching 6 of 11 trout native to California in their historic drainages. Several (but not all) of these fish require travelling to remote locations and often require some hiking (or pack horses), often at a little altitude.

This challenge is often undertaken over the course of a few years but it will take you to new waters and greatly enhance your knowledge of our resident trout. There is even talk of hosting a series of club trips to provide club members with opportunities to meet the challenge.

Don't let the thermometer keep you from fishing this month. Get out and get high or get salty. You've got plenty of options.

Yards & Inches is Sum Tournament!

MICK WOODBURY, PAST PRESIDENT & HOST

It's Yards and Inches time again and there is good news for the Fleet:

- A new name will go on the trophy this year. Kevin "hot stick" Green, who typically sweeps the tourney, will not be fishing this year—unless he persuades his friends to get married another day!
- 2. Sea otters have been sighted in the Harbour this year. They haven't been seen in this area for years. In the 1800s the estimated population was about 16,000. Because of over hunting, the current population is about 3,000, mostly in the northern waters. This is a rare event and maybe you'll spot one.
- 3. The posole will be hot, the beer will be cold and the winner will be someone new. So break out your sink lines and give it a go.

Plan now to join the Fleet on Saturday, August 24th to pursue spotted bay bass, sand bass, various croakers, halibut, mackerel, perch, etc. With a 4 ft.. +/- tide coming in through the entire morning there will be an extended prime catching window!

Rule 'em and return 'em

Y&I rules are simple. Measure the length of all sport fish you catch (no sharks or rays; fly rods and flies only; no bait) and keep a running total of the length of all fish caught. Highest total length wins. All fish are released to grow bigger for next year.

WHATEVER FLOATS

You'll need to fish from something floatable—like small boats, kayaks, pontoon boats, dinghies or float tubes. For float tubers, there are hundreds of boat docks to fish where you won't have to fight current or tides. You can rent kayaks along PCH. They normally open at 8:00 AM, but they typically will let you rent

them the night before so you can start fishing early.

The Pre-Trip is at the clubhouse on Wednesday, August 14 at 7:00 PM. You'll learn everything you need to know: maps, launch sites, lure du jour and the lunch spot.



Club Trips for 2013

RIX & YUMI GANO, 2ND VICE PRESIDENT

Here are the Club Trips for the next couple of months. Join us!

2013 TRIPS:

TRIP DATE	TRIP & LEADER
Aug. 10	Cottonwood Lakes in the Sierras
	by Jim Garvey (Pre-Trip July 31)
Aug. 24	Yards & Inches at Huntington
	Harbour by Mick Woodbury (Pre-
	Trip on August 14)
Sep. 7	Surf Fishing by Kevin Green (Pre-
•	Trip August 28)
Oct. 5	Redding by Pablo Grabiel (Pre-Trip
	September 25)

Trip locations and dates are subject to change. Please monitor Target Talk for the latest information. Pre-Trip Meetings held at the clubhouse at 7:00 PM.

Please contact us, Rix and Yumi Gano, if you have any questions at 310-291-3963 or rgano1@yahoo.com.

San Diego Bay Jam IV Report

JOE AUSTIN, TRIP LEADER

The San Diego Bay Jam IV was a great success. Below, I have provided the results of the groups efforts...

DAYS FISHED:

Friday 14, Saturday 15, and Sunday 16, June 2013 **Number of Participants:**

15 for three days

LARGEST DAILY COUNT:

12/245 (participants/fish count)

PEAK CATCH RATE:

Kevin Green on day 2, 46 fish total

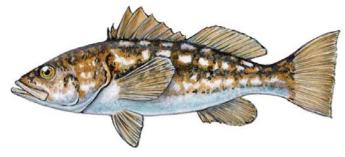
There were a significant number of doubles caught, most of which were word of mouth so I don't have statistics on that parameter.

SOME FINDINGS:

- 1. Hot flies: early on Saturday morning anything chartreuse, e.g., Newport Special, Newport Special, SD Bay Edition. After about 7:30 AM chartreuse bite went away and was replaced by the Crazy Dad bite; steady takes on Kim's Surfworm all day (and for me it worked the two days prior), New Beak and Adam Perez's variation to Doug Uyematsu's original got positive comments as did Clousers, especially olive/white, chartreuse/white and orange/brown. I had some fish on the Dave Valadez Janet Reno style fly and his Liberace style Clouser in several color combos; several shrimp patterns including Nani's shrimp and an orange shrimp pattern and note that the Janet Reno pattern mentioned above is a very shrimp like pattern too.
- Comments on Depths: Throughout the responses to this questionnaire I frequently saw the following words used in close proximity: caught a number of fish/many were small in size/I was

fishing in 8–10 ft. of water/etc. I also saw another set of words with similar correlation: several fish in the 14"–16" range in 20–25 ft. These words kind of go along with my findings. Fishing among the boats moored in 15 ft. water depths gave me a consistent size range of 12" or smaller. As soon as I got into waters deeper than say 20–22 ft. I'd start hooking into a better quality of fish.

- Given those conditions I think it was incumbent upon the angler to get the line and fly to the bottom as fast as possible. I was using a Rio Outbound Custom line with a T-14 head cut back to 30 ft. but that was too much for my 8 wt. rod which would just give up under the overload. In my opinion it is important to try to get the fastest sinking line that your rod can handle. I'm kind of sorry that I didn't add another item or two in the questionnaire allowing for folks to describe what setup that they used so that we could build up a case for optimum tackle design. I carry along a second rod, rigged with an Outbound Short, Intermediate sink rate for slack tide conditions but never had the need to use it that weekend as the fish, at least on Saturday seemed to keep biting through the smaller tidal flow conditions.
- 4. Interesting suggestions/comments for improving the trip:
 - a. More discussion of techniques/rigging during the Pre-Trip meeting and the pairing of novices with more experienced partners;
 - A mid-day break to compare notes on what's working/where, etc. Could meet on shore, in the park or even a quick on the water gettogether refuel and talk techniques;
 - c. Using several sets of walkie-talkies could aid in information transfer as well.



Channeling Your Inner MacGyver

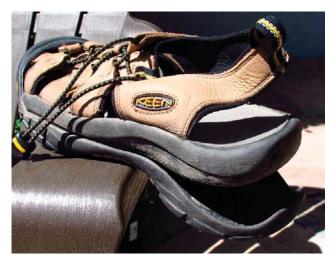
...or How to Repair Your Shoe at 10,000 Feet!

JOHN VAN DERHOOF, EDITOR

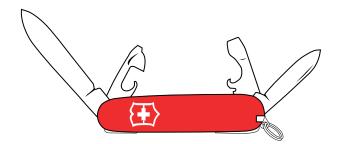
Recently, while hiking up Little Lakes Valley, the location for the club's Brookie Bash, I was afforded a wonderful opportunity to try out my MacGyver skills.

You may remember MacGyver, a fun TV show where every week the star gets stuck in a horribly dire predicament and manages his escape with the help of his trusty Swiss Army knife, a few materials at hand and some brain power. I don't claim to be MacGyver but, a blind pig does occasionally find an acorn and this time I thought you might like to hear about how I found mine...

Father's Day weekend my daughter Nicole and I made the drive up to Mammoth to get in some much needed fishing time. We left early on Friday, and fished the Lower "O" right around noon. We moved on up the hill and hit Hot Creek before checking in at our hotel



where we got a few fish but left when four yahoos chucking bait and plastic descended on the creek. Yes, what they were doing was illegal—check the reg's.



While enjoying dinner at Roberto's we decided to do a Brookie Bash Pre-Trip to check out conditions. The next morning revealed another glorious day in paradise as we drove up the Rock Creek drainage to Mosquito Flat trailhead. For those of you who regularly attend the Brookie Bash, you might be surprised to hear that at 8:30 the parking lot wasn't even close to half full. We grabbed our gear and headed up the hill.

About three quarters of the way up that very steep pitch that tops out above Mack and Marsh Lake, I started to hear a slapping sound. I quickly realized that it was coming from me 'cause I could not only hear it but feel it as well. Yeah, sometimes I'm a bit slow to catch on. I looked down and saw that the right sole of my Keen sandals had come almost completely loose only being held on at the toe. Reluctant to go back to the car after climbing that bloody hill we headed on to Marsh Lake with me flapping the whole way.

Once we got to the outlet, Nic started fishing (successfully I might add) and dad sat down on a rock to figure out what to do about my shoes. After a minute or two a little light came on that I took as a sign that the ghost of MacGyver was of talking to me. Here's the solution...

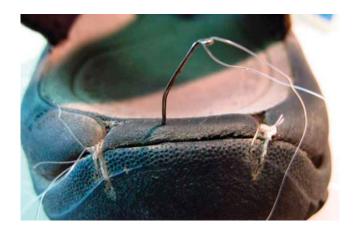
I pulled out my fly box and found a largish San Juan Worm and proceeded to remove the fly from the hook. Once bare, I used my hemostats to roughly straighten the hook out. Next was to pull out a pair of fine pointed tweezers I always keep handy to pluck small flies from a box and made starter holes in the heel and sole at two locations on the shoe. I grabbed my spool of 2x fluorocarbon and pulled off a three foot length and ran it through the eye of the hook and proceeded to sew the heel and sole of the shoe back together using the straightened hook as my needle.

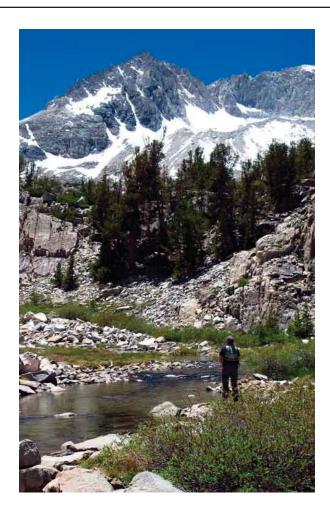
I had to use the hemostats to help pull the "needle" through on most of the 4 to 5 passes through each spot but the total time of the repair was less than 20 minutes and I was fishing in 30—took time out to bask in the glow of my handiwork! Now the important question, will it last?

From Marsh Lake we hiked and fished Heart Lake and then pushed up to fish the inlet at Long Lake. From Long Lake we hiked up past Chickenfoot Lake and fished Rock Creek as it flowed out of Gem Lake on its way to Chickenfoot. We then fished Gem Lake proper which, if you haven't been there, gets my vote as the prettiest lake in the Valley. Just for fun (well not really) we hiked up to Morgan Pass and enjoyed the view northeast up the Valley and southeast to Rovana—but only after recovering from oxygen depravation.

The whole time I was keeping an eye on my repair job which held beautifully all the way back to the car and the remainder of the weekend's fishing. Once home, I took a look at the left shoe and found it was ready to come off as well, so when you look at the photo of the "smiling shoe" it's the left one. I have since repaired both shoes with a lifetime's supply of Shoe Goo and while I have been walking around in them I will give them a real test in a couple of weeks at this year's Brookie Bash.

Oh, if the Shoe Goo fix does fail, I do have a brand new pair to take their place. I think even MacGyver would be prepared for that...





Our New Members

MICHAEL FLEDER, MEMBERSHIP SECRETARY

At the July Board of Directors Meeting, the applications were approved of the following new members:

- Travis Bushman
- Iim and Dee Olson
- Tohn Blackwood
- Ken Henderson

Please greet and welcome our newest members at the club's August Monthly Meeting. Here's wishing them a lifetime of healthy hatches and tight lines.

Fly of the Month: Parmachene Belle

JOHN VAN DERHOOF, EDITOR

The next time you walk into the Long Beach clubhouse take a look at the fly case on the wall opposite the kitchen. Story has it, that several flies or even that the top two rows of the flies in this case were tied by Zane Grey. Of course, no one knows for sure which of these were tied by the famous author or not, but there is one that we know was not. The fly that I refer to is rather distinctive with its married red and white wings. It was tied by our late past president and one of the club's true characters, Willy Waters. The fly is the Parmachene Belle.

The Parmachene Belle is a classic northeastern U.S. lake pattern that was invented by Mr. Henry P. Wells in about 1878 for use fishing for landlocked salmon in his favorite lake, Lake Parmachene. At that time it was commonly believed that a particularly effective bait was the belly fin of a brook trout. Mr. Wells designed this fly to imitate just that. I used to use this fly a lot while trolling or fly and bobber fishing as youth in the Mammoth Lakes area, especially Lake Mary where my family vacationed for a week or two every summer in the '50s, '60s and early '70s. One of the very first fish I caught fly-fishing was on a wet Parmachene Belle in Hot Creek.

The last time I was in the clubhouse I was looking at this case and realized the history of many of these patterns were being left in the dust of modern tying practices and design. When I started tying flies back in 1963, we were still using duck and goose quill wings which various types of animal hairs and synthetics have now replaced.

For you tiers who have been tying for 20 years or more, I wonder when you last tied a quill winged wet or dry fly. Maybe its time to give some older patterns a try both at the bench and in the water. Besides, learning how to marry feathers is a great introduction to the artistic side of fly tying. Who knows, a feather wing Jock Scott salmon fly may be next.

MATERIALS FOR TYING THE PARMACHENE BELLE:

Hook: Mustad 3906 or 3906B or

equivalent. I prefer the slightly

longer (1x) 3906B

Thread: Black 6/o or 8/o
Tail: Married strips of

red and white duck
wing quills or goose

shoulder (nashurias)

Body: Yellow floss with flat gold

ribbing

Hackle: Red hackle wound on or as a

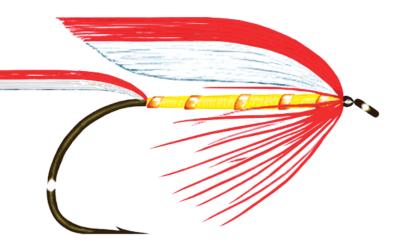
beard

Wing: Married strips of red and white

duck wing quills or goose

shoulder (nashurias)

Head: Black thread



INSTRUCTIONS FOR TYING THE PARMACHENE BELLE:

- Place the hook in your vise, attach your thread and wind the thread down to a point over the barb. Select one white and one red duck primary wing quill or goose shoulder which also known as nashurias. If you are using duck wing quills, be sure to never use segments from the mid-point of the wing toward the tip. I know it sounds wasteful (you could use them carefully on much smaller flies) but these sections have much thicker fibers that are difficult to marry and tie in. Now let's start marrying.
- Separate your red and white quills into left and right sides. Please note that this description is for right handed tiers and that lefties need to reverse the operations. With the good side of the quill facing up, the left side, or near side of the wing, quills have the longer fibers on the left side and the biots on the right. The right side quills (far side of the wing) are just the opposite. This is important since you cannot marry left and right side fibers together. Remove 4-6 fibers of both red and white left side quills and set them on the left side of your vise. Do the same with right side fibers and set them on the right side. Select the white, left side fibers and hold them near the tip and with the good side facing you in your left hand. The tip should be on the left. Place the red, left side fibers directly on top the white fibers and align the tips. Work the red fibers back and forth very slightly and they will start to grab the white fibers. When they grab, hold the butts of both fibers with the right hand and stroke the fibers together from butt to tip until the new segment is married its entire length. Congratulations you have now married your first wing/tail. Do the same with right side fibers only this time hold the white fibers with off-side facing you and the fibers curving away. The tips will still be on your left side.
- We will tie this fly with and open wing and tail configuration. This means that both the wing and tail sections will be tied in back to back with their tips flaring away from each other. Place the tail sections back to back with the left side facing you. The tail should the length of the shank so



measure it and tie it in using the loose-loop method. I like to make one complete turn over the segment and tighten the thread and tail by pulling up. This provides more equal tension on the thread and collapses the tail more evenly without allowing it to roll.

- With the tail tied in, trim the butts so that they will provide a smooth base for the body, allowing it to taper like a cigar. Tie in a 4–6 inch length of flat, gold tinsel. Advance the thread forward to the headspace with smooth even turns. Tie in a couple of strands of yellow floss and wind them smoothly to the tail and back to the start with a slight amount of overlap. Wind the flat, gold tinsel forward with evenly spaced wraps. About 5 turns should be right for most flies. Select a red hackle, I prefer a poor grade rooster hackle to a hen hackle because the fibers are more translucent and the length should about width of the gap. Stroke the fibers out so that they are perpendicular to the stem and tie it in by the tip, and wrap the hackle about 4–6 turns.
- 5 Prepare the wing in the same fashion that you did the tail. You will need about 8–12 fibers of white and about 6 or 7 fibers of red. Marry the wings the same way that you did the tail. If you do it correctly they are very durable and actually tie in easier than a non married wing section of the same or narrower width. Again, hold the wing very firmly and use the loose loop method of tying it down that I described earlier. Pulling the thread up really helps with wider sections of wing--married or not.
- 6 Trim away the butt sections of the wing and form a small neat head. Whip finish the fly and apply head cement. Your first married wing fly is complete. So, when do you want to start a Jock Scott?

Rod Building Class 2013

ALAN ROSS, ROD BUILDING CHAIRPERSON

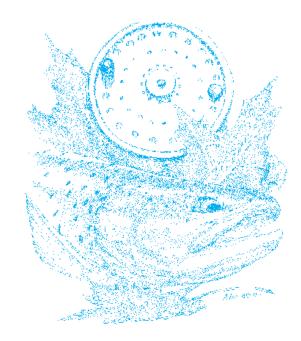
The annual Rod Building Class will start with an Orientation on Tuesday, September 3rd at 7:00 PM. The remaining five classes will be September 24th, October 1st, 8th, 15th and October 22nd.

Please note that, as has been done in the past, there will be a two-week period (October 10th and October 17th) between the Orientation night and the first class to allow students time to purchase and receive their rod blanks and materials.

Space in the class may be limited, so be sure to get your name on the sign-up list. Contact Alan Ross at (310) 379-2015 or send an email to alanross@earthlink. net with your full name, address, phone number and

email address or for answers to any questions you might have.

I look forward to seeing all of there!



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Join us for a weekend of educational experience designed for anglers of all levels who wish to improve their success on the streams. You will be introduced to:

The clinic is limited to a maximum of 6 students. The \$300 tuition includes 2 full days of on-the-stream instructions and streamside lunch. Not included are lodging, tackle, other meals, licenses and transportation. Dates are subject to change based on local conditions.



2013–14 Clinic Schedule: Beginning: October 19-20, November 9-10, December 7-8, February 15-16, March 8-9; Advanced: October 26-27, November 16-17, December 14-15, February 22-23, March 22- 23; Annual Women's Clinic: December 7-8

Contact Joe at (310) 749-6771 (fishlgf@ix.netcom.com) for more information or to sign up. For the Women's Clinic, please contact Kathy at (714) 290-6930 (kkspfa@yahoo.com).



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Calendar of Events

August			
5 5	Monday	7:00 PM	Board of Directors Meeting
6	Tuesday	7:00 PM	Casting Games
10-11	Weekend	7.00 T W	Club Trip: Cottonwood Lakes
13	Tuesday	7:00 PM	Casting Games
14	Wednesday	9:00 AM	Conservation Team at San Gabriel
'4	vveanesday	7:00 PM	Pre-Trip: Yards and Inches Tournament
20	Tuesday	7:00 PM	Casting Games
24	Saturday	7:00 PM	Club Trip: Yards and Inches Tournament
27	Tuesday	7:00 PM	Casting Games
28	Wednesday	7:00 PM	Pre-Trip: Surf Outing to Huntington Beach
29	Thursday	7:00 PM	Monthly Meeting: Heritage Trout Howard Uller and Jun Watanabe
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September			
3	Tuesday	7:00 PM	Rod Building Class: Orientation
		7:00 PM	Casting Games
		7:00 PM	Intermediate Casting Class: Session #1
7	Saturday		Club Trip: Huntington Beach Surf
10	Tuesday	7:00 PM	Casting Games
-	Tuesday	7:00 PM	Intermediate Casting Class: Session #2
11.63	Wednesday	9:00 AM	Conservation Team at San Gabriel
15	Sunday	9:00 AM	Captain's Handicap
17	Tuesday	7:00 PM	Intermediate Casting Class: Session #3
18	Wednesday	12:00 PM	Monthly Noon Lunch
20-22	Weekend	TA 10232	Mammoth Fly Fishing Faire
22	Sunday	9:00 PM	Casting Games
24	Tuesday	7:00 PM	Rod Building Class: Session #1 (of 5)
24–28	Week		2013 International Fly Fishing Fair; West Yellowstone, Montana
25	Wednesday	7:00 PM	Pre-Trip: Redding
26	Thursday	7:00 PM	Monthly Meeting: California Fly Fishing with James Park
October /			
1	Tuesday	7:00 PM	Rod building: 2 nd Class
5–8	SatTues.		Club Trip: Redding
6	Sunday	9:00 AM	Club Cast
7	Monday	7:00 PM	Board of Directors' Meeting
8	Tuesday	7:00 PM	Rod building: 3 rd Class
9	Wednesday	9:00 AM	Conservation Team at San Gabriel
13	Sunday	9:00 AM	Club Cast
15	Tuesday	7:00 PM	Rod building: 4 th Class
16	Wednesday	12:00 PM	Monthly Noon Lunch
20	Sunday	9:00 AM	Club Cast
22	Tuesday	7:00 PM	Rod building: Make-up
23	Wednesday	7:00 pm	Introduction to On THE RIVER CLINIC for Wilson High
25	Thursday	7:00 PM	Monthly Meeting: to be determined
29	Tuesday	7:00 PM	Beginning Fly Tying (Orientation)
30	Wednesday	7:00 PM	On The River Clinic: Session 1 of 3









info@bobmarriotts.com 2700 W. Orangethorpe Ave Fullerton, CA 92833

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