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Newsletter of the Long Beach Casting Club, Established 1925

December 2010

www.longbeachcastingclub.org

(562) 433-9408

Leader's Line...

The Good, The Bad, and The Inevitable

RICH GARRETT, PRESIDENT

THE GOOD: So what's good about the club? Well, just about everything (unless you are a really negative person). The longer you have been a member, the more wonderful memories seem to accumulate. I joined in 1991 and reflecting back over those years, most of my most enjoyable experiences relate to fly fishing (with the inclusion of meeting you, Mary Lou—yes, she reads the Target Talk too), and my association with Long Beach Casting Club.

If you look at the opportunities that are available when you get involved; you can make friends that carry over into your private life, you can become a student, a practitioner, an educator and even expand your experience to include worthwhile community and national services. The latter is particularly evident in what Carole Katz has accomplished by getting the club involved in the Project Healing Waters. This is a program that reaches out to Disabled Veterans and teaches then the art and passion that is fly fishing.

To me what makes Long Beach Casting Club unique is that it involves all facets of fly fishing. Learning this sport can be a life-long experience. Our members include some of the most talented fly fishers in the nation and if you were to ask them if they know all there is to know about fly fishing, I am sure they would readily acknowledge that they are not even close (sorta like a 12 step program—you just have to keep coming back).

I could go on ad nausea about all of the benefits,

but by now I think you get the picture.

THE BAD: I can't seem to recall any of these right now—there might be some, however age tends to format the memory to remember mostly just the good things.

THE INEVITABLE: So what has been a significant factor in the success of our club since 1925? We are fortunate to have a near perfect location to learn and practice all the things that it takes to develop our skills as fly fishers. This has been made available by our ability to obtain a very reasonable lease with the City of Long Beach. In this regard, our current lease will expire on January 13, 2013. In preparation for this event and, after months of negotiations, under the superb direction of Past President Rick Hilles and other members of the Board of Directors, we were able to obtain a new lease for an additional 20 years.

Leader's Line continues on page 2

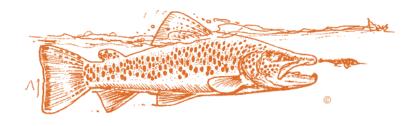
Leader's Line continued from page 1

Maybe I should have included the following in the caption above "The Bad"; however, I don't really consider it as bad—just reasonable and inevitable. Under the term of the new lease we will be required to pay the city for a reasonable portion of the Water and Electricity as determined by an agreed method between LBCC and the City. At our current level of dues paying members this works out to be in the \$13.00 to \$14.00 range per member for the first year. The Board of Directors has been aware of the impending increase and has worked diligently at cutting our expenditures to the minimum required to operate the club over the past year. We have been successful in keeping within our budget. That being said, it has not been possible to increase or annual income to the extent necessary to cover the additional costs that will be implemented at the beginning of 2013.

So after reviewing the situation presented to us it is time to take the Bull by the horns and face the situation. You guessed it; starting January of 2011, the dues will need to be increased by \$5.00 per member. During this period we will continue to seek additional sources of income and minimizing expenses. However, as you probably have already done the math, the \$5 per member does not cover the anticipated \$13 to \$14 increase in cost. Therefore, next year the situation will be reviewed by the Board of Directors to see what other measures, if any may be needed to meet our future obligations.

I have probably gone into more detail than necessary just to tell you that we are going to have a dues increase in 2011. However, some insight into what LBCC provides to the membership should make it obvious that the \$5 increase—which would equate to going without one latte at Starbucks during the year—is well worth the expenditure.

See, put in the perspective of Rich Garrett's convoluted system of logic, it's not really so bad.



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Venison Stag 2010

BILL BOEHLERT, 1ST VICE PRESIDENT

ur premier social event of the year is just days away. The Venison Stag on Saturday, December 4, will be a wonderful feast prepared by our renowned chefs John and Thea Lincoln. The menu is definitely gourmet.

Salad: Spring greens, cranberries & toasted

pecans topped with blue cheese and a

raspberry vinaigrette.

Vegetable: Fresh green beans sauteed with yellow and

red bell peppers.

Potato: Garlic mashed red potato.

Entree: Oven roasted prime rib cooked to your

liking served with au jus.

Dessert: Pecan pie served with vanilla ice cream.



If you haven't yet made a reservation, you can contact me (blboehlert@verizon.net) and get me your \$20. Please note that the charge is \$30 at the door, so reservations are worthwhile. Also, we still need volunteers for some of the committees.

Please note that the Venison Stag takes the place of the club meeting in December.

So we hope to see you there! The food will be sublime, the ambience exquisite, and the company without peer.



December Lake Outing

JIM THOMASON, 2ND VICE PRESIDENT

The December outing will be a day float trip to one of our local Southern California lakes on Saturday, December 11. Since trout fishing has not started yet in most of our lakes, we'll decide at the Pre-trip Meeting where to go based on the latest reports available at that time.

We have several lakes to choose from, including but not limited to: Irvine, Laguna Niguel, Corona, Perris, Elsinore, Puddingstone, Elizabeth, and Castaic Lagoon among others.

This is a great chance to try stillwater fly fishing, especially for those of you with float tubes that have not used them yet. I have access to a couple extra float tubes for those of you wanting to try before you buy.

The Pre-trip will be held on Wednesday, November 3 at 7:00 PM. Equipment, techniques, flies, etc. will be discussed. Don't be disenfranchised! Come to the Pre-trip and cast your vote. If you can't make the Pre-trip Meeting, submit your write-in vote by emailing me beforehand. Also contact me if you're interested in borrowing a float tube at jathomason@mail.com, or (626) 357-6050.

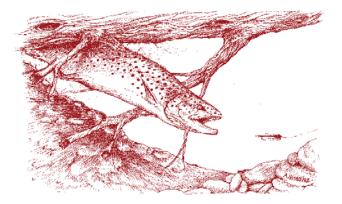
Fishing the Film

BOB GRAHAM, MEMBER

bout a million years ago, I attended college. I went to Trinity College in Hartford, Connecticut. This fine educational institution (then all male) was centrally located in the middle of the Seven Sisters where some 50,000 young females were within a 2 hour road trip in any direction. This location was no overlooked by the Dean who scheduled mandatory freshman classes on Saturday: English and the Survey of Western History from cavemen to atom bombs. Attendance was rigorously taken so your mischief had to wait for a year.

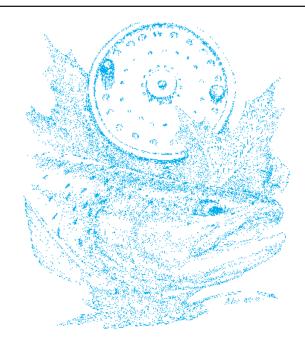
One of the required English class textbooks was Mortimer J. Adler's How TO READ A BOOK. This tome ran 700 hundred pages. Mine was in paperback but it still weighed more than I did.

Adler's basic theme was active reading where one tries to discern what the author is really trying to achieve through such tricks as digesting the table of contents, thoroughly reviewing the introduction and foreword materials and even reading the index. In



addition to reading, underlining or highlighting and taking extensive notes, he also advocated writing a synopsis of each chapter to be sure you gleaned all of the author's knowledge. It took me nearly a year to read this breathless prose.

That book came to mind when I was reading Gary Borger's new offering FISHING THE FILM. This is the



first volume of a proposed 20 volume definitive fly fishing series to be published over a 5 year period. Son Jason Borger is the editor of the series and his illustrations, photographs and observations bring additional life to the book.

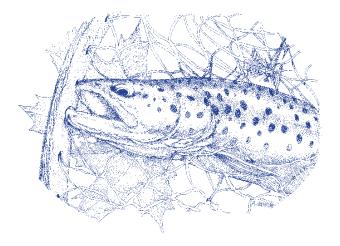
This book is packed with facts and stories that illuminate the science behind the writing. Underwater photos clearly show the round view of the sky above the fish and the mirrored surface of the water reflecting the bottom further away from the fish. In broad overview, Gary states that fish are either eating on the bottom or in the film. But he divides the film into three layers: on the film, in the film or under the film and he designs flies for their particular use.

A fly on the film like a Griffith's Gnat will have hackle penetrating the film like little feet. The Gnat won't be clearly visible until it is in the fish's window. A fly in the film such as a spent mayfly will have the body and wings supported by the film but the wing material will create additional riffles in the film letting refracted light through the mirror in sparkles. A fly fished as an emerger under the film will be reflected under the mirror and appear as if two flies.

For his emergers, Gary likes to put a little flash on top of the flies he ties so that the fly itself sparkles in the mirror. He believes that some fish begin their attack on a fly while the fly is still in the mirror area and not yet clearly visible. He also attributes short strikes to fish targeting the wrong image before they can see the fly clearly with binocular vision.

Wet flies are successful when cast down and across using the riffle hitch so the fly is being pulled perpendicular to the current on the film. This creates a V-like wake. Seen from underwater, though, the wake also disturbs the refraction at the mirror and actually creates flashes in the wake. Thus the explosive strikes can be attributed to both the movement and the flash.

While I haven't finished reading the entire book, I did look at the table of contents. About half of the book covers presentation casts with illustrations and photos. In short, this is a complete and thorough exploration of fishing surface flies. And, no, you can't proceed using Adler's active reading techniques. This volume is so packed with information there is little in the way of chafe to winnow out. It can't be condensed much further. In fact he condenses Vince Marinaro's seminal work "In the Ring of the Rise" into about six pages complete with a gentle correction based on new science and observation. (Recall that great fly fisher Yogi Berra's thoughts on learning: "You can see a lot just by observing.")



The question in my mind is if Gary covers nymphing with the same level of detail, whatever will he write about in the other eighteen volumes?

Club Trips for 2010-2011

JIM THOMASON, 2ND VICE PRESIDENT

The December outing will be a day trip to a local lake to be determined at the Pre-trip. See the related article in this edition of Target Talk.



California Fly Fisher: If you have a sizable stack of back issues of CALIFORNIA FLY FISHER from the 1990s laying around that you've been meaning to get rid of, let me know. I would like to create a club outings notebook for California locations.

2010–2011 Trips

Trip Date & Trip Leader (Pre-trips are held at the clubhouse at 7:00 PM)

November 20 New Date - West Fork San Gabr

River (Pre-trip November 3)

December 11 Local Lake, Location TBD (Pre-trip

December 1)

January 8–9 Lower Owens #1 with Dan Rivett

(Pre-trip December 29)

February 26-27 Lower Owens #2 with Yash Iseda

(Pre-trip February 16)

March 26 Newport Bay Bass Tourney w/Mark

Tsunawaki (Pre-trip March 16)

Note: trip locations and dates are subject to change. Please monitor Target Talk for the latest information. For more information, contact me at jathomason@mail.com or call me at (626) 357-6050.

New LBCC Shirts, Vests, T-Shirts, Polos, & Hats

ALAN ROSS, MEMBER

7e have just received our new Long Beach Casting Club Merchandise. Hats are back ordered and should arrive about the middle of November. We still have some long-sleeved olive colored fishing shirts available for \$40.

If you are interested in purchasing some clothing, please fill out the order form below and bring it to the club with cash or your check. Please make the check out to the "Long Beach Casting Club".

When you are at the club, we are asking that you please get an available Board Member or Past Board Member to help you find your merchandise. If you are not sure who to talk to just ask and it would be no problem to find someone to help.

Put this order form and the money in an envelope, labeled "Shirt Order". Place the envelope in the slot



in a drawer in the office. Shirts are in plastic bags by size. Please repack the bags after choosing.

If you have any questions, call Al or Judy Ross, 310-379-2015 or by email at alanross@earthlink. net. If need be, we can arrange to meet you at the clubhouse.



Merchandise Order Form

Please Check the Size You Picked	XXL	XL	L	М	S	AMOUNT
Men's Fishing Shirt, LS, Slate, - \$42					ВО	
Women's Fishing Shirt, LS, Blue, - \$42			ВО			
Polo Shirts, Navy, \$25, XXL - \$30						
T-Shirts, LS, Navy, \$12, XXL - \$23						
Vests, Hunter Green, - \$40						
Hat, Blue, Tan Bill, \$15 (one size)			ALL BC)		
Hat, Green, Tan Bill, \$15 (one size)			ALL BC)		
Total Included In Envelope					To	otal \$
Name		Ad	ldress			
Phone	Fmail					

Welcome Our New Members

NANI BLYLEVEN, MEMBERSHIP SECRETARY

The Board of Directors unanimously accepted the following applications for membership:

- Walter Lukowski, Santa Ana
- the Segui Family; Carlos, Modesta & grandson Miguel "Angel" Leyva, Long Beach
- the Runnells Family; Gary & Gary Jr., San Pedro

Please welcome all our new members at LBCC functions. Encourage them to volunteer with many of our activities throughout the year. Please note that, in order to receive your Membership Packet with your Badge, Roster and other LBCC items; you must attend a LBCC monthly meeting.



On the River Clinic

JOE LIBEU, PAST PRESIDENT

This past spring our annual ON THE RIVER CLINIC was unable to have an outing to the Lower Owens due to the high water flows. We are going to have another clinic this February and we will have our outing on the weekend of the February 26, 2011.

The clinic nights at the clubhouse will be February 2, 9, 16 and will start at 7:00 PM. We will combine both the 2010 and 2011 weekend ON THE RIVER CLINIC on the weekend of the 26th. If you have any questions please send me an email at fishlgf@ix.netcom.com.

SIERRA PACIFIC FISHING ADVENTURES

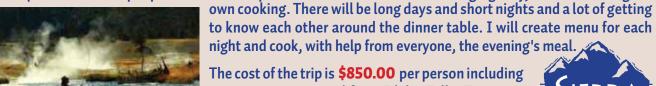
YOUR FLY FISHING DESTINATION & RESORT OUTFITTER

FLY FISHING EXCURSIONS * CLASSES * PRIVATE INSTRUCTION

Yellowstone in the Fall: DIY (Do It Yourself)

Join Sierra Pacific Fishing Adventures on September 10 to the 15th 2011 for 4 days of fishing in the West Yellowstone area—the Madison, Henry's Fork, Firehole, Gallatin, Ashton Bridge or wherever fishing is the hottest and 5 nights of lodging. We will be staying at a Ranch with lodging in the main house plus a cabin. The trip is set up as a "Do It Yourself". We will fish on our own without the use of guides. This time of the year you hear the elk bugle, have the start of cooler nights and days and the area is much less as crowded.

The trip is limited to 12 people includes transportation. It includes food and lodging only, we will be doing our



The cost of the trip is \$850.00 per person including transportation to and from Idaho Falls. To secure your spot or if you need further information, please contact Joe Libeu at Sierra Pacific Fishing Adventures.

Sierra Pacific Fishing Adventures · 3901 Brayton Ave., Long Beach, CA 90807 · (310) 749-6771 · www.joelibeuflyfishing.com

Fly of the Month: Grey Heron

JOHN VAN DERHOOF, EDITOR

Tere is your chance to try something you may not have tried before — an Atlantic salmon fly, or more precisely, a spey fly. This is not one of the colorful flies that takes three days just to do the tail and body and another three for the wing, but one that is much easier to tie and renowned for its fish taking abilities for both salmon and steelhead.

Originally the Grey Heron and other similar patterns were developed in the mid-1800's on the river Spey in Scotland. They were then known as "guide" patterns by the fishermen since they were tied by the guides (more often poachers than guides) and were made with what simple and basic materials they could obtain.

These were common people who could not afford the fancy materials that made up the flies used by the gentry. In most cases these materials came from farm and domestic animals or pets or animals that were hunted. Tinsels and silk came from old clothing that could not be re-used in any other way.

I hope that you give the Grey Heron a try. It's a truly a great fishing fly. When tied properly, it has a slim and understated, yet elegant look about it that makes you proud of the job you did.

Materials for tying the Grey Heron:

Hook: Daiichi, Mustad or Tiemco low water salmon hook in size 2 (low water hooks use a lighter wire and

have a 1x to 2x longer shank)

Thread: Gudebrod or Uni-Thread 8/0 in primrose and black

Extra fine silver oval tinsel Tag:

Body: Rear 1/4: yellow floss

Remainder: black wool crewel yarn dressed thinly

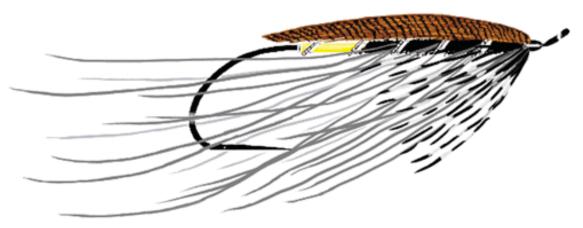
Ribbing: Flat silver tinsel with extra fine oval silver tinsel

Hackle: Gray heron substitute such as ringneck or blue-eared pheasant rump from the black wool with Guinea

fowl at the throat

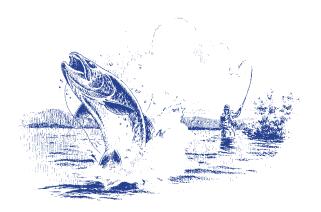
Wing: Bronze mallard tied flat in typical Spey fly fashion

Head: Black



Instructions for tying the Grey Heron:

- primrose thread to the hook over the looped eye. Wind down the shank closing off the looped eye and continuing down to the stopping directly over the point of the hook. Tie in the silver oval tinsel at the underside of the hook, wind it 3 turns and tie it off at underside of the hook. This creates the tag, which is ornamental but also helps to protect the floss body and hackle.
- 2. Tie in a new piece of silver oval tinsel and the flat silver tinsel. Remember always try to tie in materials in the reverse order in which they are applied. Now, wind your thread smoothly forward ¼ of the shank. Tie in the yellow floss at the underside of the hook and wind back to the tag and then back to where you started. Wind the floss with a sight overlap, which will help keep it smooth.
- 3. Hold your heron hackle substitute with the shiny side up and strip off the left side fibers from the base to not quite the tip of the stem. Preparing the feather in this way keeps the fly slim and neat without the stray fibers sticking out that would occur with a whole feather because the guill will hit the body first without trapping those stray fibers down. Tie it in at the underside of the hook and tie in the black yarn. If the yarn has more than two strands remove any extra to help keep the body thin. Replace the primrose thread with black and advance it forward to the headspace. Wind the black yarn edge to edge up to the headspace and tie it in at the underside of the hook. You may have to untwist the yarn a little with each turn to keep it flat.
- 4. Grab the flat silver tinsel and wind it forward 5 turns to the headspace and tie it off at the underside of the hook. Why 5 turns? Because it is traditional and it looks proportionally correct. Before you cut off any excess check your wraps. The second turn of tinsel should be where the floss and yarn meet. The third turn should land



right in the middle of the body. Wind the silver oval tinsel so that it is behind and butted up against the flat silver tinsel. Now wind the Heron substitute hackle forward so that it is behind and butted up against the silver oval tinsel which will help protect it from a fish's teeth. Preen the hackle by gently pulling it down to flow under and beyond the bend of the hook.

- 5. Prepare the guinea feather by stroking the fibers out perpendicular to the stem leaving a few untouched at the tip. Tie the feather in by the tip and wind it slowly 3 or 4 turns keeping sure to stroke the fibers back towards the bend after each turn.
- 6. Almost done. Prepare the bronze mallard wings by first separating about a ¼ inch width of fibers from both a left and right side feather. Stroke these fibers so they are perpendicular to the stem of the feather and cut the stem away from the rest. To tell the difference between the left and right side feathers hold each feather with the good side up. The left side will have the bronze fibers going to the left. Place the left side feather directly on top of the right side feather and gently stroke the two feathers together into a wing. The fibers won't marry but they will "nestle" together.

Lay the wing flat on the top of the hook and tie it down using the loose loop technique. Try to keep the wing as flat against the body as possible. Having a smooth thread base in this area will help keep the wing dead flat. Once the wing is secured

Fly of the Month: Grey Heron continues on page 11

Calendar of Events

D = = = = = = = = = = = = = = = = = = =	_			
December		Wednesday	7:00 PM	Lake Trip Pre-Trip Meeting: destination to be determined
	1 2	Thursday	7:00 PM 7:00 PM	Activity/Spey Night at the Pond
	4	Saturday	6:00 PM	Venison Stag
	5	Sunday	8:00 AM	Breakfast
		•	9:00 AM	Club Cast
	6	Monday	7:00 PM	Board of Director's Meeting
	7	Tuesday	7:00 PM	Fly Tying Class: Gold-Ribbed Hare's Ear
	8	Wednesday	9:00 AM	Conservation Team at San Gabriel
	9 11	Thursday Saturday	7:00 PM	Orvis National Casting Course with Hutch Hutchinson Lake Fishing Trip (location to be determined)
	14	Tuesday	7:00 PM	Fly Tying Class: Pheasant Tail
	16	Thursday	7:00 PM	Activity Night/Spey Night at the Pond
	19	Sunday	8:00 AM	Breakfast
			9:00 AM	Club Cast
	21	Tuesday	7:00 PM	Fly Tying Class: Clouser Minnow
	23	Thursday	7:00 PM	Activity Night/Spey Night at the Pond
	25	Saturday	7:00 DM	Merry Christmas!
	28 29	Tuesday Wednesday	7:00 PM 7:00 PM	Fly Tying Class: Crazy Charlie Owens River Pre-Trip Meeting
	30	Thursday	7:00 PM	Activity Night/Spey Night at the Pond
T	50	marsaay	7.00 T W	receively ringing specy ringing accenter on a
January				
	2	Sunday	8:00 AM	Breakfast
		Mandan	9:00 AM	Club Cast
	3	Monday	7:00 PM	Board of Director's Meeting
	4 6	Tuesday Thursday	7:00 PM 7:00 PM	Fly Tying Class: Woolly Bugger Activity Night/Spey Night at the Pond
	7-9	Weekend	7.00 F W	Owens River Trip
	11	Tuesday	7:00 PM	Fly Tying Class: Muddler Minnow
	12	Wednesday	9:00 AM	Conservation Team at San Gabriel
	13	Thursday	7:00 PM	Activity/Spey Night at the Pond
	16	Sunday	8:00 AM	Breakfast
	18	Tuesday	9:00 AM	Club Cast Fly Tying Class: Elk Hair Caddis
	20	Thursday	7:00 PM 7:00 PM	Activity Night/Spey Night at the Pond
	25	Tuesday	7:00 PM	Fly Tying Class: Adams
	27	Thursday	7:00 PM	Monthly Meeting: Karl Jones of Fishing Western Montana Rivers
	30	Sunday	8:00 AM	Breakfast
			9:00 AM	Club Cast
February				
rebruary	1	Tuesday	7:00 PM	Fly Tying Class: Parachute Adams
	2	Wednesday	7:00 PM	On the River Clinic
	3	Thursday	7:00 PM	Activity Night/Spey Night at the Pond
	5	Saturday		FFF Southwest Council Fundraiser
	7	Monday	7:00 PM	Board of Director's Meeting
	8	Tuesday	7:00 PM	Fly Tying Class: Humpy
	9	Wednesday	9:00 AM	Conservation Team at San Gabriel On the River Clinic
	10	Thursday	7:00 PM 7:00 PM	Activity Night/Spey Night at the Pond
	12-13	Weekend	,	Southwestern Tournament
	15	Tuesday	7:00 PM	Fly Tying Class: Royal Wulff
	16	Wednesday	7:00 PM	On the River Clinic
			7:00 PM	Owens River Pre-Trip Meeting
	17	Thursday	7:00 PM	Activity Night/Spey Night at the Pond
	19-20	Weekend		Fly Fishing Show; Pasadena Monthly Monting: Joff Sadler on Fishing the Groon Piver
	24 25-27	Thursday Weekend		Monthly Meeting: Jeff Sadler on Fishing the Green River Owens River Trip
	∠5-∠/	VVCCRCIIU		On the River Clinic Outing Weekend
	27	Sunday	8:00 AM	Breakfast
		•	9:00 AM	Club Cast

Fly of the Month: Grey Heron continued from page 9

form a smooth slightly rounded head and whip finish. Add several coats of head cement or Sally Hanson's Hard As Nails with Nylon which is what I prefer these days.

Notes and answers to some questions you may have...

- Using primrose (pale yellow) thread keeps the black of the hook (or thread if you were using black) from discoloring the yellow floss when it gets wet. If I really want floss to retain color when wet I will wrap a layer of flat silver mylar tinsel down beneath the floss. This really helps the floss to retain its color.
- As you wind thread, every turn you make with the bobbin puts twist in the thread. Twist is bad! There is no other way to say it. You lose thread control, it creates weaker, fatter bodies—flattened thread holds stronger with less bulk than twisted, round thread. How to remove twist is to stop and gently spin your bobbin counterclockwise (southpaws spin clockwise) every so often to take out the twist and then, smooth the thread between your thumbnail and the ball of your index finger. A good pedicure and soft, smooth skin helps.

- Herons are protected by law and cannot be used in tying these flies. They are a nearly unique fiber: long, thin and durable and it retains its shape well when being fished. It is not soft like marabou. The substitutes listed are about as good as they get without trying some really exotic materials or techniques—don't ask. Whiting also sells feathers and capes that will work for smaller flies. Spey hackle fibers should be 1½ to 2 times the length of the shank.
- This fly wants to be thin in profile. That means go easy on the body, the quantity of hackle. Also, the wing is flat with a very low profile and not on edge, so be sure to look at the image provided to use as a guideline. Think sleek!



VENISON STAG RESERVATION STAG Saturday, December 4, 2010 Social Hour: 6:00 PM Dinner: 7:00 PM Reservations are due by November 16, 2010					
Name:					
I will attend the Venison Stag on Saturday, December 4, 2010					
I will bring adults. Total number @ 20.00 =	Total Enclosed:				
I will bring children. Total number @ 6.00 =	=				
Yes, I would like to help!	MAKE CHECKS PAYABLE TO: Long Beach Casting Club				
Please call me at this telephone number	AND MAIL TO THE ABOVE AT:				
() (cut out and return by 11-16-2010)	P.O. Box 90035 Long Beach, California 90809-0035				









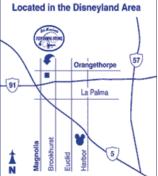
Since 1979, Bob Marriott's Flyfishing Store has served the fly fishing community in southern California and worldwide. Our extensive inventory, education center, and full service travel center offers everything for the fly fisher!

Orvis New Products Preview

Saturday, December 11, 9am-2pm

www.bobmarriotts.com info@bobmarriotts.com 2700 W. Orangethorpe Ave Fullerton, CA 92833

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