

Highlights

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Target Talk

Newsletter of the Long Beach Casting Club, Established 1925

February 2010

www.longbeachcastingclub.org

(562) 433-9408

Leader's Line ...

Shooting Hoops

MICK WOODBURY, PRESIDENT

No, the subject isn't basketball; it's one of America's oldest organized sports. Fly casting tournaments were held by the New York Sportsmen's Club in 1861, a full thirty years before the invention of basketball. Casting originated as a way of getting a lure to the fish. Competitively, casting is to fishing what skeet or trap shooting is to hunting. It is a skill made better by practice, and when two or more fisherman practice together, competition is inevitable. This eventually led to formal competition much like the Southwest Tournament we'll be hosting in February.

There's a lot to be said for tournament casting, not the least of which is it makes you a better fisherman. Most of us learn to cast well enough to catch a few fish, and then pack away the rod until the next fishing trip. What happens is all that we learned—the casting arc, timing, tight loops, acceleration, abrupt stops—all fade from memory. The solution of course is practice.

The world's top casters (and the Club's top casters) practice continually. But practice can be boring. However, if you add some hoop targets and step-by-step disciplines (games), it immediately becomes more interesting, something to look forward to, even addictive.

Fishing is much more fun with a well-practiced rod because the cast itself is a pleasure. In a tournament, hitting a target is a reward. In fishing, making a cast to the exact spot you intended is also a reward. Obstructions, like streamside brush, overhanging

trees, boulders, etc., become opportunities for skill to overcome. You become a better student of your back cast, your roll cast, and all the other little tricks you've learned. Every situation offers a reward and catching becomes a bonus.

THE SW IS COMING TO TOWN

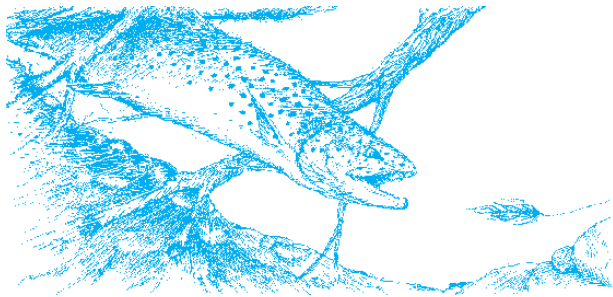
If you've never attended a casting tournament, here's your chance. You'll not find one closer or better organized. LBCC has a reputation for doing tournaments right. In February, Valentine's weekend, casters will converge on the Club from all over the west to meet old friends, make new ones and shoot some hoops. Though they're tough competitors when they're in the box, they're good friends otherwise. They often give each other tips to improve performances—after the round is over with of course.

Leader's Line continues on page 2

Leader's Line continued from page 1

In tournaments, you start with 100 points and get deductions for misses. Score 100 means you missed none. There are always a few perfect scores and just watching these casters can help your own casting. What is remarkable to watch is the distance event. To see someone cast across the entire pond and on to the grass always amazes me. It shows what practice can do.

If you're not yet ready to compete, there are lots of opportunities to be involved. Just being a part of a nicely run, fun event has its own rewards, not even counting the casting tips you'll pick up. See Dan Rivett or Frank Kropacek about helping. Without a doubt, you'll have fun and probably learn something useful. See you there.



Breakfast Chefs Needed

**JOHN VAN DERHOOF,
SENIOR DIRECTOR**

There has been a long tradition of cooking a hot breakfast before the winter casts. Come and join us for the camaraderie and the great food.

Breakfast is served about 8:00 AM and the casting games start at 9:00 AM.

We still need chefs for the following dates: January 3, 17 & 31, February 21 and March 7. The chef chooses the menu, does the shopping and impresses the members with their culinary genius.

If you'd like to volunteer, please contact John Van Derhoof at 562-424-7313.

OFFICERS

PRESIDENT

MICK WOODBURY
(714) 840-5649

1ST VICE PRESIDENT

RICH GARRETT
(562) 422-9696

2ND VICE PRESIDENT

BILL BOEHLERT
(714) 374-6491

RECORDING SECRETARY

FRANK KROPACEK
(562) 434-2976

CORRESPONDING SECRETARY

NANI BLYLEVEN
(714) 827-0984

CAPTAIN

DAN RIVETT
(562) 431-2738

TREASURER

JOSEPH GUSTAFF
(562) 405-2924

MEMBERSHIP SECRETARY

MARK TSUNAWAKI
(714) 580-4517

SENIOR DIRECTOR

JOHN VAN DERHOOF
(562) 424-7313

JUNIOR DIRECTOR

RICK HILLES
(949) 854-1076

TARGET TALK EDITOR

JOHN VAN DERHOOF
(562) 424-7313

Bartman is Coming, Bartman is Coming !

RICH GARRETT 1ST VICE PRESIDENT

Our February meeting will host Bart Taylor (Better know as Bartman around Jackson Hole, Wyoming) as our monthly speaker. I spoke with him today and he is preparing a presentation that will explain some of the differences in the hatches found on the main rivers located in the Jackson Hole Area. Also he will provide information on the various techniques and timing for fishing these hatches. The rivers will include the Snake, South Fork of the Snake, the Green in the Pinedale area and the New Fork.

Bart has guided and fished the Jackson Hole area for over thirty years and as the Head Guide for Jack Dennis Sports for many years.

I have know and fished with him for almost twenty years now and have had some of my most memorable trips with him. No small part of the trips was the jokes and stories that seriously interfered with ones concentration while fishing. Unfortunately, as good as the jokes were, none will be allowed at the meeting—for reasons that should be obvious.

Part of the “Bart Experience” includes a school that I informally set up for new fisherpersons of the feminine gender that have come to Jackson with me. Each lady is required to spend at least a day with Bartman. To date two members of LBCC have attended (Mary Lou and Grace Arnold). Not to say that Bart can be a bit gruff, he just has a very intense desire to teach. In both cases the ladies early part of the day created a desire to harm him and by the end of the day they wanted to kiss him.

In summary he is probably the most knowledgeable guide in the area. Funny, intense (most of the time) and dedicated

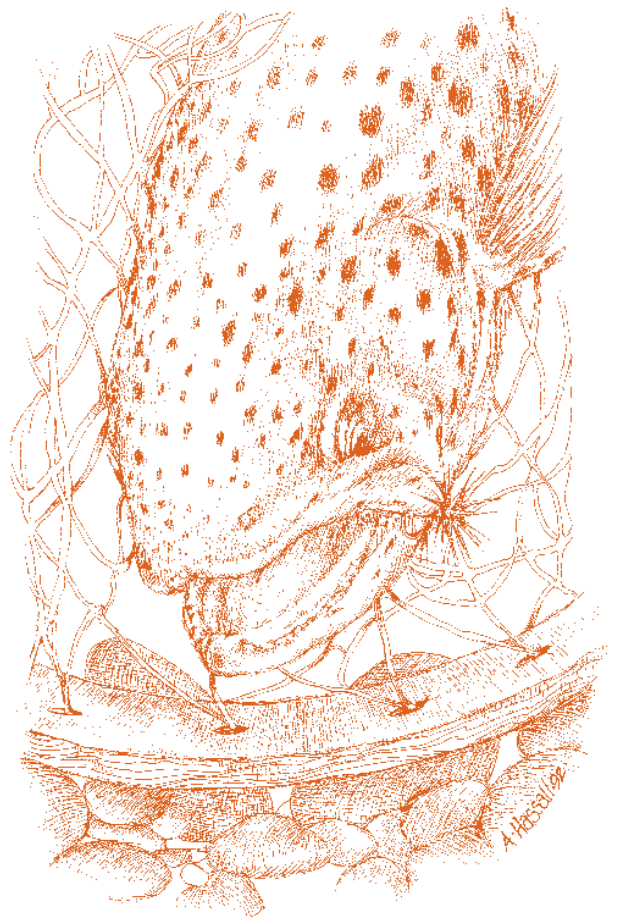
Make a special effort to attend this presentation. I am sure you will take quite a bit of the learning curve

out of your next Wyoming fishing trip.

The White Elephant Auction is scheduled for our March Meeting. For those new to the club this is where we go through our fishing equipment storage area and pick out all of the fishing related items that we have thought we could never do without (but in reality have not used for a while) and bring them to the club to be auctioned to the highest bidder. The secondary benefit to contributing to the auction is that you can make room for the items that you will undoubtedly buy that night.

Start getting your items together now. We will be accepting them at the club starting in February and up to the time of the auction.

This is always a fun evening, especially when an outrageous bidding rally gets going over some insignificant item.



April Means...

JEFF SADLER, PAST PRESIDENT

Here is most of the information you will need to know for the upcoming Green River, Utah club trip.

WHEN: April 25 through April 29. Arrive on Sunday, leave on Friday. Four full fishing days plus whatever you can sneak in around travel.

THE RIVER: A tailwater of the Flaming Gorge flowing from the Wyoming-Utah border to Colorado with 6,000 to 15,000 fish per mile. The section we mostly fish is the first seven miles or the “A” section. The most beautiful river I have ever fished.

THE TRIP: Most of us drive but you can fly to Salt Lake and rent a car. It is about a 4 hour drive. You can drive it in a 14+ hour day or stop in Provo on the way in and fish the Provo River. On the way back we stop at the Virgin River Casino on the Nevada border for incredibly cheap dinners and breakfasts.

THE FISH: Browns, rainbows, cutthroats, and cutt-bows; all big, some huge but generally in the 16–18 inch range. Because of the high scud density the beta carotene in their diet makes the fish truly glow in brilliance.

THE GUIDES: Trout Creek flies is our outfitter of choice. They have a full fly shop and a small general merchandise area. The guides are professional locals with long experience on the river. They handle the

boat, all flies, rigs, tangles, and land fish. They will supply lunch and we try to do a club lunch when possible (Let the stories commence...)

THE RED CANYON LODGE: Individual modern cabins with a bedroom with two beds, bathroom, living room with tables and chairs, microwave and small frig. Very comfortable. We have rooms and guides for 12.

THE FOOD: There's a restaurant at the lodge which is decent, there's a restaurant at the other lodge which has monster breakfasts. Otherwise we're on our own and many make their own breakfasts and take-along lunches for non-guided days.

THE WEATHER: You thought I was going to predict the weather. Nope. We've seen it all from snow, hail, rain, wind, heat, and perfect. As Bob Allen once said, *"There's no such thing as bad weather, just inappropriate clothing."*

THE COST: The standard package from Marriott's is \$758 and I would estimate an additional \$600 for all the other stuff. Total is approximately \$1,300. To reserve your spot call Brandt at Marriott's (800) 543-0282. Camping at Dripping Springs and not using guides would be about \$600 total. There are variations in between.



EQUIPMENT: 5 and 6 weight rods are perfect. Waders and boots. Raingear.

THE FLIES: Blue-winged olives, midges, scuds, San Juan worms, Chernoble ants, check with the web site as time gets closer: <http://www.fishgreenriver.com>.

MORE INFO: Jeff Sadler at 310-377-3868 or at fotofish@verizon.net.

The White Elephant is Stomping Your Way!

JEFF SADLER, SUNSHINE COMMITTEE

*Give us your Tired,
Your Poor, your Humble Masses...
...Of Fly Fishing STUFF!*

Yes, on Thursday, March 25, 7:00 PM it is once again time for Joe, Mark, Dan, and Jeff to make fools of themselves; but don't laugh too loudly, we have ways of getting even.

The White Elephant Auction and Clam Chowder-Fest is upon us. It is never too late to donate that brand new Sage TCR (or TCX) rod you can't cast or the fly fishing tie your brother-in-law gave you for Christmas. Have a 100 year supply of pheasant tails? Donate half for the auction, clean out the closet, make your spouse happy. Please hold donations until at least February, we're out of room.

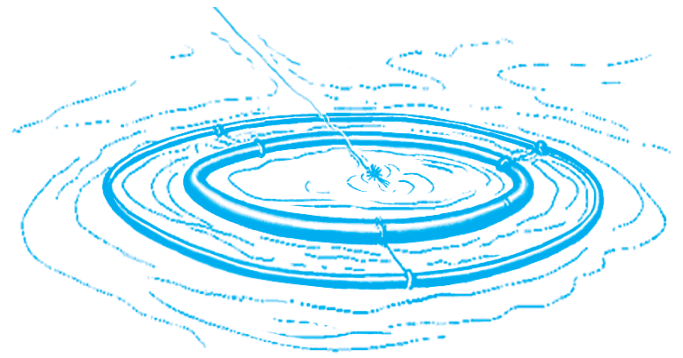
BUY STUFF, bring money, lots of money, big checks (no credit cards). Replace that rusty old rod, reel, or buy a new fly fishing tie, or whatever.

Please let us know if we need armed guards or professional appraisers!

Indulge in the Sunshine Secret Recipe delicious chowder (apparently, the clam lived for one more year).

Again, donations will be accepted but mostly come out and have fun.

*Remember,
The Sunshine Committee is watching you!*



Here Comes the Southwestern!

DAN RIVETT, CAPTAIN

As the Southwestern Casting Tournament approaches we have some chores to do in preparation for the event. One of those is a pond cleaning, which is scheduled for Sunday, January 24, 2010 at 7:30 AM.

While the pond is empty and dry we will be repainting some of the distance markers that have faded. As always, donuts, and coffee will be provided to those volunteers willing to come out and help keep the pond looking good.

The tournament will require many volunteers to maintain the high standard event which the Long Beach Casting Club is known. "To Do" lists are being created, so be sure to sign up on the list outside the kitchen door or you can e-mail me at drivett@commercelp.com. The tasks include lunch prep, setting up the grounds, score keepers, judges and many others. Prior experience is not required—the tasks aren't that difficult to master! We have something for everyone, so please come on out, get involved and watch some spectacular casting.

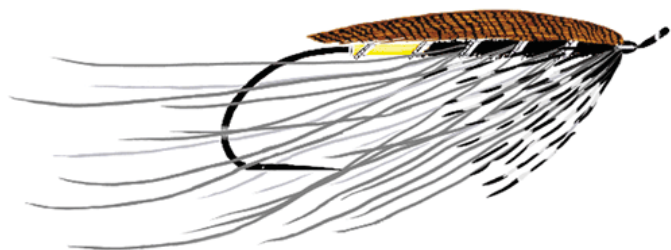
See you on the pond.

Boy, Was Joe Ever Wrong!

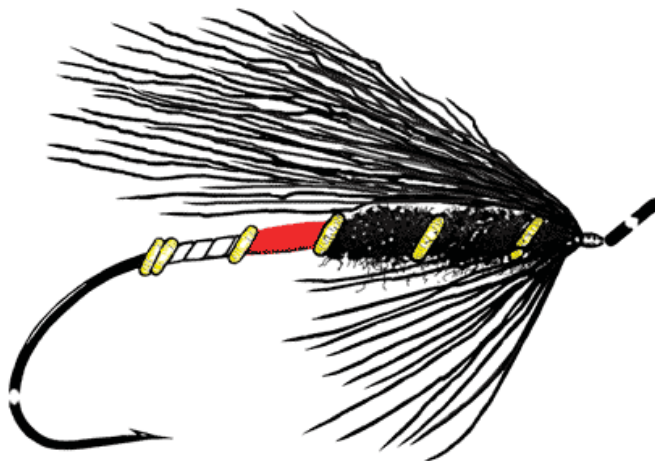
BOB GRAHAM, MEMBER

Gary Charles, Dennis McTeer and I met with Joe for breakfast between Christmas and New Year's. Joe opened the proceedings with a weather report: "Let's see what Bob has in store next week." We met at 7:00 AM and the Long Beach temperature was 45 degrees. Joe opined that 45° would be the high for the days spent steelheading on the Trinity. He also forecast some showers with clearing on the last day of our trip. They, of course, laughed at my planned trip which was either the fifth or sixth year. Usually when I plan the trip we get horrendous weather. This year Bob Allen planned the trip to avoid those poor conditions.

Joe was wrong! It may have been that warm in Redding but we stayed in Weaverville to be closer to the fishing and to avoid the nightly drive over Buckhorn Pass. The high never went above 37 degrees and most mornings were in the mid twenties. The first day's fishing was overcast in the morning but a cold front came in right at lunch time. Hoods went up and collars were zipped. Then the snow arrived...all afternoon. Over night snow amounted to about three inches. It rained over the next two days. After the first day, we all added additional layers of protection.



We fished for two days in the vicinity of Junction City. The last day, we put in at the Steel Bridge Campground in Douglas City. On day one, Tom, one of Bob's lawyers, arrived at the put in and realized that when he grabbed the rod tube, it did not contain his new fly rod. Rather, it contained an old Fenwick fiberglass rod that he brought to play around with. He



said it cast like a broomstick. He did manage to catch a nice steelhead but his guide Gabe acknowledged that it would have been much sweeter had he caught it with his own rod rather than one borrowed from the guide.

The fishing was very slow the first day. The other two boats caught one or two each but Maria Rivas and I got skunked. Jeff Parker, our guide made famous by the Dennis McTeer swimming incident, refused to let any other guide have us the second day. Everyone else switched guides and boats. Parker managed to vindicate himself that day and we both caught a few steelhead and I caught a sucker as well.

On day two, Dave, Bob's brother in law, forgot his thermos of hot tea. He had to drink cold water! Don, Bob's other lawyer fished with me the last day. That is to say, he brought along his personal flask containing his favorite adult beverage and relaxed in the stern, watching me cast and rooting me on.

Stay in my Mammoth Lakes Condo

The Cabins: Unit 14 – 2 Bedroom 2 Bath

Member: **Gary McElligatt** phone (562) 209-5664
Mammoth Reservation Bureau phone (800) 462-5571

Mention LBCC for 20% discount off published rates!

<http://www.mammothvacations.com/>

He occasionally got his line wet but that was mostly from the rain!

Lunches were cold sandwiches and drinks. If you want hot food you have to find a guide with a catering license who has completed the food safety course. Dinners were at La Grange, a red brick walled building with very talented cooks. The menu is quite eclectic and expansive and the food is much better than one might expect in Weaverville. Rich Garrett and Mary Lou joined us for one night and on New Year's Eve along with their guide Slim. Mary Lou again showed a picture of a thirty inch fish she landed their first day. On New Year's Eve Rich celebrated his thirty inch steelhead. *"I finally out fished Mary Lou!"* She quickly corrected him that all he did was catch up!

New Year's Eve was quite festive with live music from some very talented musicians and singers. Bob and I had the buffalo roast (he called it buffalo butt), Maria tried the crab and shrimp pasta and the lawyers ate steaks...rare. Dave tried to be good by having a Chicken Caesar Salad but then succumbed to the Blackberry Cobbler (three nights in a row!)



Another trip with good friends and new friends. The fishing was almost secondary. Almost. Given our luck with the weather, however, Bob is talking about trying East Cape in Mexico next year. T-shirts, shorts and sandals! Maybe some adult drinks with pink umbrellas.

Bishop in January

DAN RIVETT, CAPTAIN

The January club trip to Bishop was held under mostly clear sunny skies. From Thursday when many of us arrived in town to fish venues from Hot Creek to the Lower Owens we were treated to mid-day temperatures of 50 to 60 degrees and no wind.

Hot Creek in the Mammoth area required driving in from Hot Creek Ranch to the locked gate on a snow covered road, which kept the crowds down. Even the others locations we fished were mostly inhabited with members of the LBCC.

Saturday morning we met at Pleasant Valley campground and grouped anglers according to their knowledge of the area or fly fishing experience and headed off to fish for brown and rainbow trout. At lunch about 30 of us gathered for lunch in the campground and then swapped fishing partners and headed back out to fish in the afternoon.

Saturday evening ended with a group of 37 people for dinner, consisting of pizza, salad, beer and sodas. It was a good opportunity for people to discuss what worked and where they had success on the river. At the dinner Jeff Sadler presented awards for many categories, including "First fish on a fly", "Largest fish", "Most Fish", etc., which got people fired up.

However, the highlight of the evening occurred when Yash Iseda presented John Lincoln with a birthday card signed by all, we sang Happy Birthday and shot off 70 party poppers. I hope the vacuum cleaner worked.

Sunday was another beautiful day. Fish started rising about 9 am and were still rising when Jeff and I had to leave at 10:30 AM to head home for an afternoon engagement. The Eastern Sierra in winter is spectacular. The February club trip is coming up soon. Book your room and go fishing in Bishop. You will not regret it.

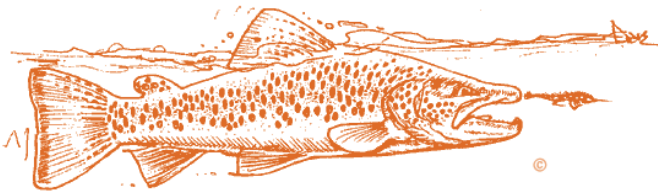
Don't Hold Your Breath

BOB GRAHAM, MEMBER

One of the joys of living in California is that we can and do fish throughout the year. But this benefit includes a burden. For the last few years, I have been reminding people on our winter fishing trips, especially the January and February trips to the Lower Owens for the new anglers, that removing fish from the water to remove the hook or to take photographs can be hazardous to fish. The reason I gave is that the water is often warmer than the air temperature and sometimes the gill filaments will freeze instantly when the fish is lifted from its native environment. A frozen gill filament is irreparably destroyed.

I've often heard anglers say when photographing their trophy to hold your breath while you have the fish out of water to appreciate its predicament. The problem, as I see it anyway, is that when you tell someone to hold his breath, he will inhale to be sure he has an ample supply. But I know that when I fell out of the boat on the Bighorn, I did not have the presence of mind to inhale on the way into the water. Rather I was in a state of shock that the boat was no longer underneath me. I'll have to compare notes with Dennis McTeer when he landed in the Sacramento River. I would imagine a fish that is rapidly changing from water to air is similarly challenged. Besides, he can't store oxygen with a big gulp of water.

I don't recall where I read about the frozen gill problem but it made sense to me. Recently, an article appeared in the winter 2010 edition of FLYFISHING & TYING JOURNAL entitled "Fish Out of Water". The



author is an angler, photographer and biologist. The genesis of the article was his observation that the number of states is growing which now require that



fish to be released, must remain in the water.

We practice Catch and Release Fishing as a method of preserving the fishing enjoyment for others and for future generations. But the author was driven by the question "What science is available to support the new regulations?" While he notes there is a paucity of scientific literature, initial studies are quite revealing and of deep concern.

In one study, Brook trout were chased by hand for 30 seconds in 50 degree water. Then they were subjected to swimming stress tests to measure their ability to swim after being removed from the water for 0, 30, 60 and 120 minutes. While the fish that was kept out of the water for 30 and 60 minutes performed about as well as the control fish (which were not subjected to air), the fish that were kept out of water for 120 minutes failed to swim at all. Since this was not a mortality study, the researchers did not determine how well the 30 and 60 minute fish swam or whether they could have escaped their natural predators.

A mortality study performed on Rainbow trout provided some insight. All fish exposed to the air experienced a drop in oxygen levels to 20% of the control group. The results changed with vigorous exercise (read "playing the fish"). The survival rate of fish not exposed to air after exercise dropped to 88%.

But fish out of water for 30 or 60 seconds (after exercise) survived 62% and 28% of the time, respectively. And all the fish exposed to air experienced some adhesion

of the gill filaments and inhibited gas exchange. Not just frozen gill filaments!

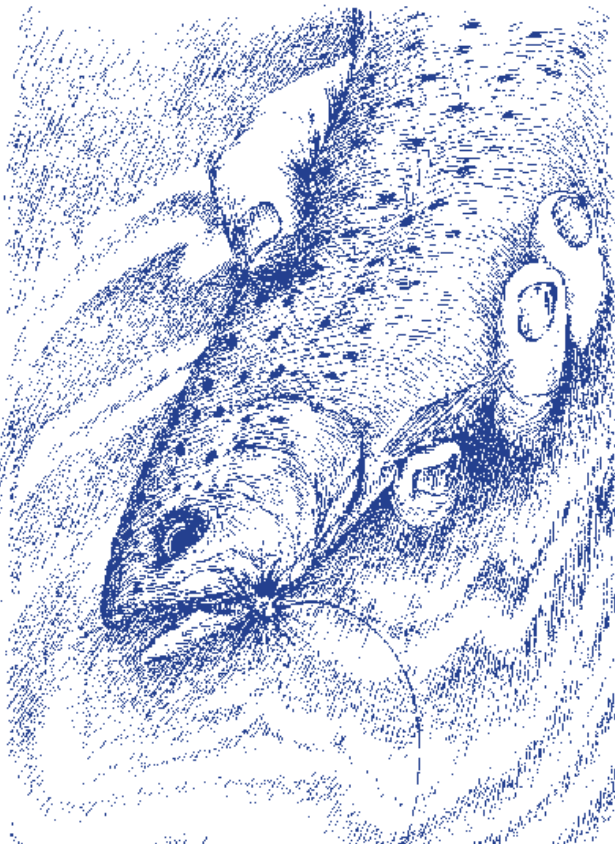
Another study that was performed on Rainbows exposed the trout to exercise and then electroshock after which the researchers would keep the trout out of water from 0 to 4 minutes. The bottom line of this study is that the decreased swimming function lasted from one to six hours. Enter the fish hawks!

While lamenting the absence of a significant body of empirical experimentation and data, the author clearly is concerned that a fish out of water will be stressed both biochemically and in its future performance regardless of the time involved. These studies were all performed at 50 degree water. Water higher in temperature loses its ability to hold dissolved oxygen. So these limited results are not transferable there. Similarly, larger fish have a greater need for oxygen; the suggestion is made not to remove the head from water at all. And maybe there is a difference between the survivability of hatchery trout and wild natives.



Since even a small exposure to air (especially in Los Angeles) is detrimental, it behooves us to keep our finned friends in the water as much as possible. For the novices, this means that your fly rod must be suitable for your target fish because you must get your trophy under control and spend the least amount of time playing or fighting your fish. The use of barbless hooks will make easy work of removing the fly while the fish is still in the water.

But keep your forceps handy. You want your fish to have good memories of being caught so that it will readily take a fly in the future!



Nominating Committee Formed

MICK WOODBURY, PRESIDENT

The Nominating Committee, headed by Joe Libeu, and assisted by Marv Dworzak, Stan Holden, Jeff Sadler and Paul Burgner, will soon start considering candidates for the 2010–2011 Board of Directors. If you have an interest in helping out the club, or perhaps you know someone you think would be good choice, then please contact any one on the committee.

Club members will be notified of the slate of nominees at least thirty days before the Annual Meeting to be held on April 1, 2010. This is accordance with Section VIII, Item 2 and Item 4 of the Constitution and Bylaws of the Long Beach Casting Club.



FLYBUY 2010



A Fundraiser for the SouthWest Council, Federation of Fly Fishers and An Opportunity For YOU to Learn and Improve in Your Sport!

Join us for a day of fly tying, casting instruction and a chance to pick up some lightly used gear at a great price while helping the SWCFFF.

Date – February 20, 2010, Saturday 9-4

Place – Long Beach Casting Club

Cost – \$10.00 includes BBQ burgers and dogs

RSVP – for casting, leader class and food – January 30, 2010

818.7573474 or secretary@southwestcouncilfff.org

GARAGE SALE

We need your members to donate items to be sold in a fishing garage sale. These can be rods, reels, lines, clothing, vests or accessories. We are going to lay it all out on a table or a tarp and take the best offer we can get. Anything not sold will be donated to **Project Healing Waters, Mammoth High School Fly Fishing Club or as needed by the SWC member clubs**. Let's get items that are in working order and have a value of at least \$10. This not a swap meet – it is a HUGE YARD SALE. This is a great opportunity to get rid of extras, duplicates and unwanted gifts. Give any items to your SWCFFF representative or contact us directly.

CASTING

Want to be a better caster at the end of the day? Take a quick lesson and receive pointers from Certified Federation Instructors. For the nominal fee of \$1.00 per minute (15 minutes minimum), you will have your casting analyzed by one of our great instructors. Single handed, Spey, double-haul - whatever you need, we can provide. Lessons will be available from 11am until 3 pm. Advance reservations are necessary so that we will have enough instructors on hand. Please RSVP by January 30 of your interest and approximate time. We will take care of the rest.

FLY TYING

You may not be aware of this, but the SWC clubs have some of the most prominent and innovative tyers around. Many will be here for demonstrations of their techniques. And some of their special flies will be available for purchase. There will also be an auction for the really special one-of-a-kind flies by these tiers and clubs have donated flies for purchase.

In a related class, Mas Okui (Hot Creek Guru) will be teaching how to tie his freshwater leaders. The class is 30.00 which goes to purchase the leader kit with enough material to create bunches of leaders that make the manufactured ones blush in shame. Limited to the first 20 people.

CCI Candidates Study Group

JOE LIBEU, PAST PRESIDENT

Long Beach Casting Club (LBCC) is hosting a study group for those individuals who are preparing to take the FFF Certified Casting Instructors examination.

This is not a workshop, but a study group, and everyone is expected to contribute and participate. As a group, we will go over what is expected on the performance test which includes casting, instructing and demonstrations.

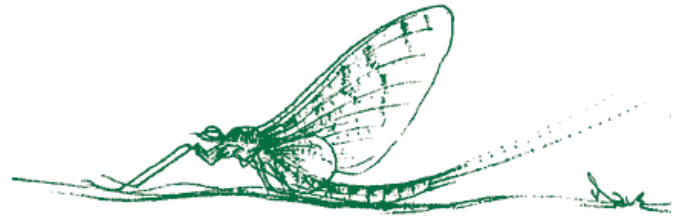
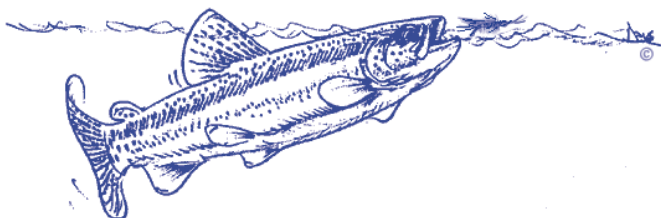
In conjunction with the CCI Study Group, everyone is encouraged to participate in LBCC Instructors Clinic and LBCC Beginning Casting Program where the candidates would have the opportunity to hone their teaching skills.

The meetings will take place on Sundays from 10:30 AM until noon at LBCC on the following dates:

February 7	Mandatory Orientation
Feb. 28–Apr. 25	Study Sessions (8 meetings)
April 4	No meeting Easter Sunday

In order to make the most out of the study group, please plan on allocating a minimum of 2 hours a week in addition to attending meetings and casting practices.

Space is limited. To reserve your spot in the Study Group or for questions, please call Kathy Kim at (714) 290-6930 or email at kksdfa@yahoo.com



New Members

MARK TSUNAWAKI,
MEMBERSHIP SECRETARY

The Board of Directors unanimously accepted the following applications for membership:

- ❖ James and Annie Copeland of United Kingdom and USA
- ❖ Yoshimi Iwasa of Gardena
- ❖ Kate Johnpeer of Brea
- ❖ David and Sherri Kline of Long Beach
- ❖ William Letizio, Jr. of Tustin

Please welcome all our new members at club functions. Encourage them to volunteer with many of our activities throughout the year. Also note that in order to receive your Membership Packet with your Badge, Roster and other LBCC items, you must attend a LBCC monthly meeting. There you will be greeted and officially inducted by our honorary Sunshine Committee.

On another note, Membership Renewals were mailed out for the January 15th date according to the LBCC Bylaws and are due by March 31st. The fees are listed on the renewal letter that you should receive. Family Members, please read the Bylaws information pertaining to the definition of "Junior Membership". A Junior Member must not reach the age of 18 years old by April 1st.

If anyone has membership questions please read the Bylaws in your Roster, then you can call Mark Tsunawaki at 714-580-4517 or email me at mtsunawaki@yahoo.com.

Fly of the Month: Steelhead Slider

JOHN VAN DERHOOF, EDITOR

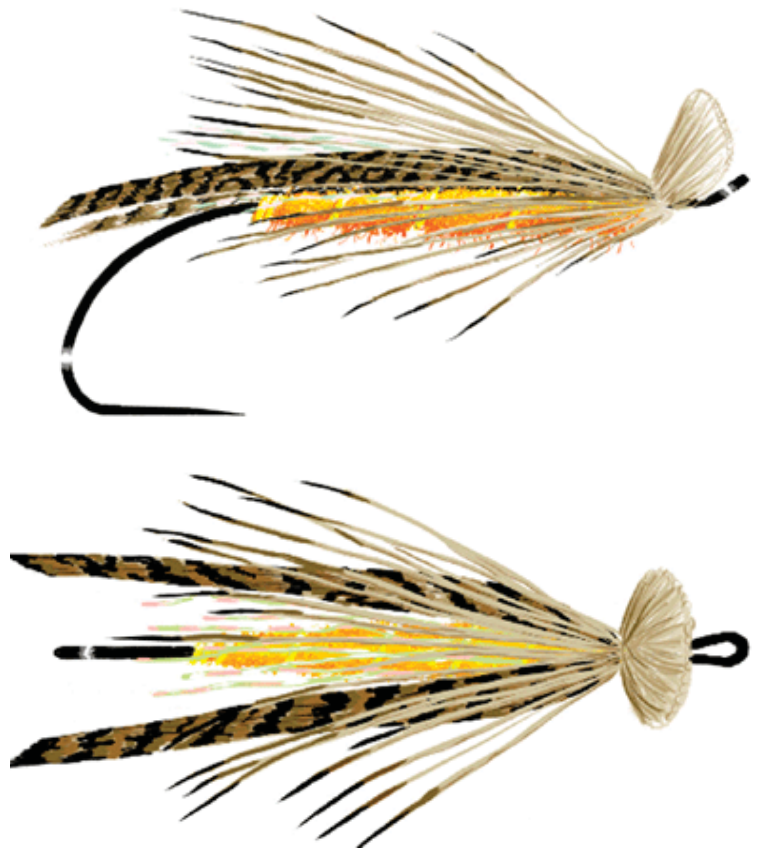
One of the greatest thrills in fly fishing is the rise of a steelhead or salmon to a waking or skating dry fly. It is the culmination of a near perfect set of circumstances. The water has to be warm enough to make the steelhead active and aggressive. A bright sky is nice, but not too bright. The angler must make a precise cast with a bulky, wind-resistant fly and adeptly mend the line so that it slides over the fish at just the right speed. If the fly travels too slowly it may go unnoticed or sink in the current. If it goes too quickly it will either spook your quarry or get dragged below the surface. Are you ready for a fly that will take out some of the variables?

Enter the Steelhead Slider, a fly that is easy to cast and virtually unsinkable. This fly works on the reverse of the principle that makes a Dahlberg Diver dive. The collar of a Dahlberg diver acts as a wing that pulls the fly below the surface. The collar of the Steelhead Slider lifts the fly to the surface and keeps it there with only the slightest amount of tension on the line and fly. The wings of the fly add to the effectiveness by creating a well-formed "V-shaped" wake even at slow speeds.

This is a pattern that can be tied in a wide variety of sizes and colors. For steelhead and salmon tie the fly in sizes #8 through #4. The colors that seem to best are pale yellow or orange with a natural tan or brown collar and a black body with a black collar. Smaller sizes such as #12 through #16 and more natural colors can be used to imitate grasshoppers or egg-laying caddis for trout.

Materials for tying the Steelhead Slider:

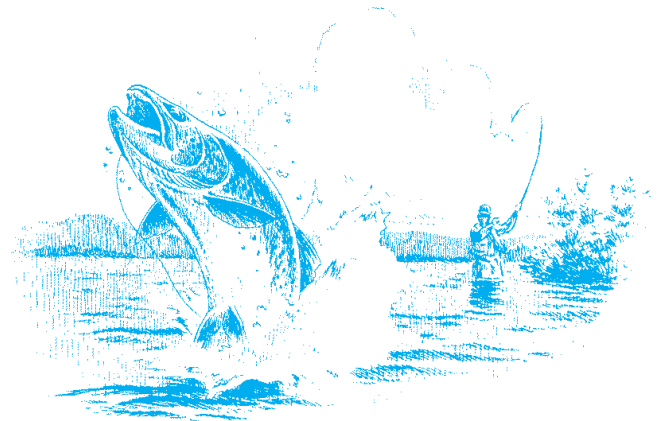
Thread:	Black 6/0 or 8/0
Hook:	Low water (light wire) or dry fly salmon hook; size 16 to 2
Tag:	Fine oval gold tinsel
Body:	Hot orange synthetic seal hair substitute (or color as desired) with fine oval gold tinsel
Underwing:	Fluorescent orange Krystal Flash strands (or color as desired)
Wing:	Golden pheasant or turkey tail feather lightly coated with Flexament
Collar:	Deer or elk hair tied on as a collar, coated with Flexament and trimmed into a semi-fan shape
Head:	Black thread



Instructions for tying the Steelhead Slider:

- 1 Attach the thread to the hook to the shank directly behind the return of the looped eye. Wind the thread up onto the looped eye and close it off but leave about 2 headspaces distance from the eye. Now advance the wind the thread down to the bend in the shank.
- 2 Tie in the oval gold tinsel on the far underside of the hook. Wind the tinsel about 3 turns and tie off forming a tag (save the excess for the ribbing). Apply the dubbing to the thread and wind it forward to the end of the looped eye. Wind the remaining tinsel forward about 4 or 5 turns and tie it off on the underside of the hook.
- 3 Cut off left and right sections of the golden pheasant wing. They should be about 3/8" wide for a #6 fly. Brush a small amount of Flexament onto the wing, wipe off the excess with your fingers, and set aside to dry. Tie in about 20 strands of Krystal Flash that extends to the end of the body. Tie the wings in one at a time. They should be flat as possible forming a "V" with the point of the tips outward and extending to just beyond the bend.
- 4 Tie on a partial collar of deer or elk hair. The tips will be on top of the wing and should extend to the end of the body and the hair should not be on the underside of the hook. Stand the butt ends straight up with a couple of turns of thread. Spin on 1 or 2 sections of deer hair over the bare section of the looped eye and make sure that you leave enough room for a small head. Wind the head of the fly and whip finish.
- 5 Trim the underside of the hair collar very close to the hook but without cutting any of the thread wraps that secure it. Brush a small amount of Flexament onto the face of the collar and allow it to dry until it is tacky. At this point squeeze the hair together into a fan shaped the top of which should cant toward the eye about 20 to 30 degrees. Apply more Flexament to the face of the

collar and allow it to dry until it is tacky. When it is tacky once again squeeze the hair together and trim collar into a fan shape the height of which should not exceed the gap of the hook. Allow the fly to dry overnight before fishing.



Maggie Merriman Entomology Workshop

JOHN VAN DERHOOF, EDITOR

On Saturday, April 3, 2010 join Maggie Merriman at the Long Beach Casting Club for her annual Basic Entomology Workshop for Fly Fishers. You will learn how to “Match the Hatch” and how to select the correct fly for a given situation. Maggie stresses the use of common English names and not the biological names associated with entomology, so you can leave your *Acroneuria californicas* at home.

The class will begin around 9:00 am and run until 12:30 to 1:00 PM. The cost for the workshop is \$45.00 and includes samples of insects, corresponding flies and an extensive handout. Bring a snack, note pad and some fly boxes to look at and compare the insects. You must Pre-Register for the workshop by mailing the fee to: Maggie Merriman, 19791 Coastline Lane, Huntington Beach, CA 92648, or you can call her with any questions you may have at 714-969-5829.

Long Beach Casting Club Trips for 2010

BILL BOEHLERT, 2ND VICE PRESIDENT

By the time you read this, your fellow members will have already enjoyed the first trip of the year. Dan Rivett led our first Lower Owens trip the second week of January. If you missed out on the fun and fishing, you have another chance—Yash Iseda will be leading Lower Owens #2 on the first weekend in February.

Don't miss the Newport Bay Bass Tourney in March. Last year's winner Mark Tsunawaki will be this year's guru, sharing his tips and techniques for those less gifted in the saline environment.

Jeff Sadler will be leading the Green River trip in April. His article appeared in the January Target Talk. Don't miss the opportunity to try this epic fishery.

If you have any questions or suggestions about the schedule, be sure to e-mail me at blboehlert@verizon.net or call me at 714-374-6491.

Come join us!

2009–2010 TRIPS TO DATE

DATE	TRIP & TRIP LEADER
February 5–7	Lower Owens #2 with Yash Iseda
March 10	Newport Bay Pre-Trip at 7:00 PM
March 20	Newport Bay Bass Tourney with Mark Tsunawaki
April 14	Green River Pre-Trip
April 25–29	Green River with Jeff Sadler
May ?	Mammoth Trip and Pre-Trip
June	TBA
June	Brookie Bash with Jeff Sadler
June	Pre-Trip TBA



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Christmas Island 2010

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From the moment you first viewed Christmas Island, you dreamed of this—making your first cast to the silver ghost, watching the sudden rush to your fly after a couple of slow strips and then setting the hook. The sight of 125 or more yards of your backing screaming off your reel.



Join Sierra Pacific Fishing Adventures on a 7 day, 7 night package from June 27 to July 8, 2010 for a week of fishing for Bonefish and Trevally. We will arrive in Honolulu on June 27 and return to the mainland on July 8, 2010. All Meals, fishing license, applicable taxes and ground transportation, air transportation to and from Christmas Island are included. Not included is airfare to and from Honolulu, 2 nights lodging/meals in Honolulu and tips.

The trip will be limited to 8 people with the cost per person at **\$3290** per person double occupancy. A deposit of 50% is required upon booking.



Sierra Pacific Fishing Adventures • 3901 Brayton Ave., Long Beach, CA 90807 • (310) 749-6771 • www.joelibeuffyfishing.com

Calendar of Events

February

1	Monday	7:00 PM	Board of Director's Meeting
2	Tuesday	7:00 PM	Fly Tying: Parachute Adams
4	Thursday	7:00 PM	Activity Night at the Pond: Spey Casting
5-7	Weekend		Club Trip: Lower Owens
9	Tuesday	7:00 PM	Fly Tying: Humpy
10	Wednesday	9:00 AM	Conservation Team at San Gabriel
11	Thursday	7:00 PM	Activity Night at the Pond: Spey Casting
13	Saturday	9:00 AM	Southwestern Tournament: TF, BB, Open, 1/4, 1/4D & SHD
14	Sunday	8:00 AM	Breakfast hosted by the Sunshine Committee:
		9:00 AM	Southwestern Tournament: DF, WF, 3/8, 5/8 & 5/8 Team
16	Tuesday	7:00 PM	Fly Tying: Royal Wulff
18	Thursday	7:00 PM	Activity Night at the Pond: Spey Casting
20-21	Weekend	9:00 AM	FFF Fundraiser; see information in this edition
21	Sunday	8:00 AM	Breakfast
		9:00 AM	Casting Games: 1/4, 3/8, 5/8, TF, DF, BB
23	Tuesday	7:00 PM	Fly Tying: Second Session Begins
25	Thursday	7:00 PM	Monthly Meeting: to be determined
28	Sunday	8:00 AM	Pond and Clubhouse Cleaning

March

1	Monday	7:00 PM	Board of Director's Meeting
2	Tuesday	7:00 PM	Fly Tying: Second Session
3-7			Fred Hall Show
4	Thursday	7:00 PM	Activity Night at the Pond: Spey Casting
7	Sunday	8:00 AM	Breakfast
		9:00 AM	Casting Games: Director's Handicap 1/4, 3/8 TF, BB, TFD
9	Tuesday	7:00 PM	Fly Tying: Second Session
10	Wednesday	9:00 AM	Conservation Team at San Gabriel
		7:00 PM	Newport Bay Pre-Trip
11	Thursday	7:00 PM	Activity Night at the Pond: Spey Casting
13-14	Weekend		The Pasadena Show
16	Tuesday	7:00 PM	Fly Tying: Second Session
18	Thursday	7:00 PM	Activity Night at the Pond: Spey Casting
19	Friday	6:00 PM	Spey Clinic
20	Saturday	6:00 AM	Newport Bay Bass Tournament
23	Tuesday	7:00 PM	Fly Tying: Second Session
24	Wednesday	7:00 PM	Fly Casting Instructor's Clinic
25	Thursday	7:00 PM	Monthly Meeting: White Elephant auction
30	Tuesday	7:00 PM	Fly Tying: Second Session
31	Wednesday	7:00 PM	Fly Casting Instructor's Clinic

April

1	Thursday	7:00 PM	Annual General Meeting
3	Saturday	9:00 AM	Maggie Merriman's Entomology Class
6	Tuesday	7:00 PM	Fly Tying: Second Session
7	Wednesday	9:00 AM	Conservation Team at San Gabriel
		7:00 PM	Fly Casting Instructor's Clinic
8	Thursday	7:00 PM	Activity Night at the Pond: Spey Casting
13	Tuesday	7:00 PM	Casting Clinic: Orientation
13	Wednesday	7:00 PM	Green River Pre-Trip
14	Thursday	7:00 PM	Activity Night at the Pond: Spey Casting
17	Sunday	8:00 AM	Breakfast
		9:00 AM	Casting Games: 1/4, 5/8, DF, WF, 5 wt Combo
20	Tuesday	7:00 PM	Casting Clinic: 1st Night on the Pond
21	Thursday	7:00 PM	Activity Night at the Pond: Spey Casting
24-29			Green River Trip
24	Sunday	8:00 AM	Pond and Clubhouse Cleaning
27	Tuesday	7:00 PM	Casting Clinic: 2nd Night on the Pond
28	Thursday	7:00 PM	Activity Night at the Pond



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