

## Highlights

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# Target Talk

**Newsletter of the Long Beach Casting Club, Established 1925**

June 2008

[www.longbeachcastingclub.org](http://www.longbeachcastingclub.org)

(562) 433-9408

## Leader's Line

# Pay It Forward

**RICK HILLES, PRESIDENT**

Art Murphy passed away on Monday April 28, 2008. I got back today, May 5, from his burial service, saddened by the loss of a friend and an old member whose history goes way back to the days of legendary figures in club history like Bob Bird and Willie Waters. I knew Art only toward the end of his years with the club. I was taken with his wry sense of humor and his quick wit. I was also impressed with the kindness, deference and respect shown to him by other club members. He was a key person in teaching fly tying for years. Because of his willingness to help, to teach others, to share his knowledge and his passion for the sport, Art will be missed. Our club was well represented at his service. Mark Tsunawaki pays him tribute else where in our newsletter.

Art's passing fits with a theme I've been thinking about regarding our club. A family 'feel good' movie came out years ago called 'Pay It Forward'. It's a story about a social studies teacher, who challenges his 11-year-old students to come up with an idea that will change the world. One of his students decides to step up to the plate. His idea is a game called 'pay it forward'. In the game, every time somebody does a favor for you, you 'pay it forward' to three other people. Art, like many others in the club did lots of favors for others by helping them learn how to become better fly fishers.

When I first joined the club, I was surprised and impressed by how helpful the experts were in teaching me and others new skills. Right now we are providing free lessons to beginner casters on how to cast. But you see, the lessons, the favors

really are not 'free'. There is a catch after all; as you grow your knowledge and expertise, you are expected to 'pay it forward' to others who want to learn. The more you get, the more you are expected to give. The willingness to teach and share provides the energy for the educational emphasis in LBCC. Of course there is no way to require payment, other than to show appreciation and respect to those, like Art, who do it.

By the time you get this issue of Target Talk, the Beginning Casting Clinic will be concluding and the Tuesday night casting games will be just beginning and continuing until the end of August. I'm always surprised that, for a club of our size, at the relatively few people participate in the casting games. I know...I've heard the reasons..."I'm not a

*Leader's Line continues on page 2*

*Leader's Line continued from page 1*

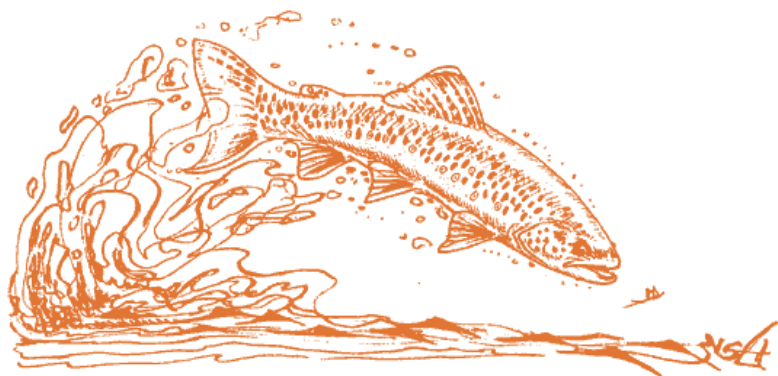
good caster...I don't want to be embarrassed if I don't cast well...I'm not ready to get out there with the competitive casters". I say, get over it!

First of all, it's just fishing, second they are just games, third nobody cares (other than you) how well you do. The important thing is that the games provide a great opportunity to become a better caster. Focusing on hitting targets and getting a score help you to get a measure of how well you cast and what progress you are making in getting better. Just think of the games as another form of casting practice that will sharpen your casting skills. And you know, you might actually have some fun.

In case you haven't seen the club house recently, the repairs have been going gang busters. About one week ago we got our last approval from the planning department. Now as long as we keep our building inspector happy we can go flat out to complete the repairs as quickly as possible. Our contractor, Chris Jones and our reconstruction team headed up by Paul Burgner have done a great job so far and are setting a blistering pace.

On the issue of our lease extension, the city continues to work on details of their proposal. Originally they thought that the process could take eight months but then became more optimistic about the timing. I hope they will follow the lead of our reconstruction team and expedite the process.

I'm looking forward to hearing from John Van Derhoof who will be our featured speaker at our monthly meeting. In the meantime I'll be seeing you around the pond.



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# A Farewell to Art Murphy

MARK TSUNAWAKI, SUNSHINE COMMITTEE

Art Murphy. What can I say that all of you don't already know. He was a great husband, father, and grandfather. He was a good friend to all of us. There wasn't anything that he wouldn't do when asked and he would always be the first to volunteer.

I was first introduced to Art and his sidekick, Bob Bird, in 1987 at the Beginning Fly Tying class by former member Bill Koran. Bill, a high school classmate, taught me to tie the last 4 dry flies in the class. This was because I worked the night shift and convinced a co-worker that I needed to take these night classes.

The dynamic duo critiqued my flies, graciously gave them a compliment and asked if I had filled out an application for membership. When told of my situation, their response was "get a new job".

Well in 1991, I began working for a different company and joined the Long Beach Casting Club. As a member of the club, you get volunteered quickly by the Sunshine Committee (Bob, Art, Willie Waters, and their newest member Joe Libeu) to work on various groups and committees.

They immediately started me off on the Board of Directors. By 1995, I was elected President and to help complete the process of building our library and bathrooms, I spent two years in that position.

It was during this time that I really got close with

Art. It was partly due to his wife Gladys who fell in love with my daughters who were 6 and 8 years old at the time. They would always greet Gladys when they came with me to the clubhouse. You know you were special when you received Christmas cards yearly from Art and Gladys.

After the passing of Art's best friend Bob Bird, it seemed that Art and I became closer friends. I would take him to the DMV to renew his driver's license, take him to Smart & Final to get the ingredients for the famous Clam Chowder, and when Art no longer was able to drive, I would bring him to the Beginning Fly Tying Classes, our Monthly Meetings, and especially when we had our Southwestern Casting Tournament.

I wished I had a tape recorder with me to record all the stories Art shared with me about the old days of the club. He even told me about his life growing up with foster parents, playing baseball that he excelled in, and his days working at Long Beach State College.

Art did numerous projects for many members of the Long Beach Casting Club. Along with Bob Bird, the demolisher, and Art, the builder, remodeling their homes with his beautiful craftsmanship. Art and Bob did many endless tasks at the club by cleaning, restoring, repairing and building anything and everything without ever being asked.

So Art, I say goodbye ol' friend. I am going to miss our conversations. I hope I can live up to a small percentage of what you have accomplished in your lifetime. I know you are at a very special place and you will save me a special spot to fish with you.



# Hic Sunt Draconis II

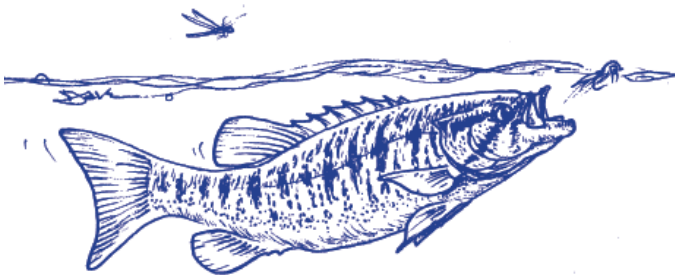
JEFF SADLER, PAST PRESIDENT

Or “Here be Dragons”. They be tons of dragons, or myths, regarding fluorocarbon versus monofilament line and we’ll take a look at a few and see if we can slay them.

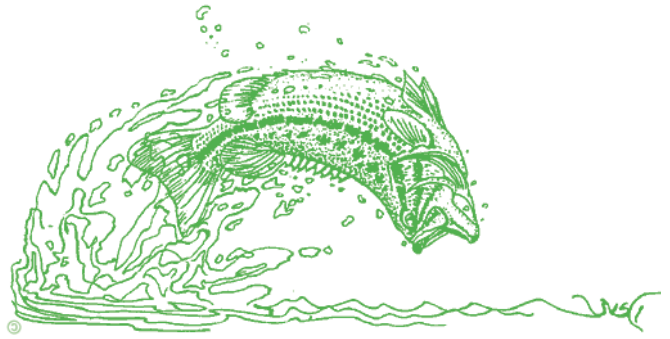
**MYTH #1:** *Fluorocarbon is twice as expensive as mono.* Wrong, it’s at least 3 times as expensive so your decision for fluoro will result in a 3 foot tippet for half a buck versus \$0.17. So, it better be worth it. (I believe it is, but for tippet only and for visibility reasons).

**MYTH #2:** *Fluorocarbon is heavier than water and sinks dry flies.* Right and wrong! Yes, fluoro is denser than mono and water but only slightly. However, in a series of numerous test of fluoro versus mono tippet (5x) with a dry fly attached (size 16) neither sunk in the short term, under 30 minutes. Both tippets sunk after 4 hours but both flies stayed on top. Remember, mono absorbs water and will sink over time, fluoro will not absorb water so don’t bother “greasing” a fluoro tippet. (I will continue to use fluoro for tippets only).

**MYTH #3:** *Fluorocarbon is heavier than water and thus will sink nymphs quicker.* Right and wrong, again! I tested this at standard depths (1 to 6 feet)



of water with small medium and large shot, a lead weighted nymph and a size 20 bead head. I compared fluoro to mono by both dropping straight



down and then laying the leader on the water and dropping the flies. In all cases, at all depths, there was no discernable difference in the time to hit bottom. (I have stopped using fluoro as my nymph leader as it doesn’t get down quicker. I will continue to use fluoro for tippet as it is less visible.)

*So, why do these myths persist?*

Because, although it is absolutely true that fluoro is denser than both mono and water:

Water density	1.0
Mono density	1.1
Fluoro density	1.7

And thus would appear to cause fluoro to sink, it just simply doesn’t come into play in fly fishing.

Mostly we use fluoro for 3-6 foot tippets and some as a leader and thus the total mass is trivial. All you have to do is test the assumptions as I have done and you will conclude that there is no appreciable difference in sink rate for the dry or nymph fly fisher.

Also the myth is kept alive by bass and ocean fishers where, in fact, because they use full lines of fluoro there is a difference in sink rate. One of the comments I read was that when you cast a mono line and the weight hits the water you can see the line start to sink progressively from the weight back to the caster. When you cast fluoro, because of its density, the entire line disappears at one time. Probably the density factor does come into effect if you use the entire line of fluoro.

Next Month: More fluoro dragons are pursued...



# 42 Days in Hell; Or 6 Weeks, Whichever Comes First

JEFF SADLER, PAST PRESIDENT

As a good many of you know, I am now the “Bionic Man” complete with pacemaker. I have been receiving cards and words of support (most appreciated) under false pretenses as I felt fine before I went into the hospital and just fine after I came out, with the possible exception of the falling down sequences prior to surgery. Now I’m perking along at a minimum of 60 beats per minute so I can use my pulse as a clock.

What, you ask, has this got to do with the club and fly-fishing? Well, while the wires from the pacemaker to my heart were seating in I was not allowed to raise my arms above my shoulders for 42 days. Two sports specifically prohibited are golf and fly fishing. I thought this was a piece of cake until activities started cropping up, and with apologies to Jack Turner, I became a poet:

*Tournament for bass,  
What a pain in the... neck,  
I missed the Eisely, Wisely*

*Make the clubhouse clean-a,  
Show at Pasadena,  
Not me-na...*

*San Gabriel clean-up with Chuck Moore,  
Workshops for an instruct-or,  
Too sore...*

*Cast with vets, not yets*

*Casting class, no gras(ias)*

*Fred Hall, not at all*

*Directors cast, not so fast*

*Pond cleanings with water, hadn't oughter*

*Carpinteria in the surf, not my turf*

*So, what could I do? If it has a chair, I'll be there.*

*Annual General meeting, take a seating  
Club meeting on New Mexico, I can go  
Board of Directors (BOD), that's for me*



There is a ray of hope in my future. Before my surgery we, the A-Team, had a plan for the Green River. Two weeks after my restrictions are lifted we're on our way. To keep me inspired and show you why I love fishing, I share the picture below of the gang (me, Yash, and Dan) after a hard day on the river. Please note the strange fly rod Yash has...

# Giving Back

CAROLE KATZ, NATIONAL TRUSTEE

The 30 volunteers involved in Project Healing Waters at the Long Beach Veterans Affairs Medical Center will tell you how rewarding this project has been for all of us.

In order to participate over the last year, some of the volunteers had to schedule a day or part of a day off work, and some had to drive sizeable distances. But week after week, month after month, they were there, not everyone at every session, but always more than enough. We taught two series of fly tying classes and two series of casting classes. We had a day of casting on water at the casting club. And, finally, we went fishing on April 18.

Chuck Moore and another Forest Service representative escorted us into the West Fork of the San Gabriel River. We had three handicapped ramp areas to ourselves. Nine disabled veterans and two VA staff members participated. Some caught fish, while others just had takes, using a variety of different rigs, both wet and dry. Under Jeff Sadler's tutelage, the star of the day netted five and lost another two. Casting skills were really impressive by the end of the day. Blessed with perfect weather, we enjoyed lunch and birthday cake in the picnic area.

They thanked us—and then thanked us some more. We didn't know what to expect when we started PHW a year ago, but those smiles and all the thank you's said it all. Giving back, sharing a little of ourselves with those less fortunate, those who have served our country, has been so meaningful. The vets weren't the only ones smiling—all the volunteers were grinning too. Volunteer Joe Richter summed it up when he said *"I'd say this could rank as the most successful venture I've ever invested in."*

It was a great day.



## Long Beach Casting Club Trips 2008

BETTYE SWART, 2<sup>ND</sup> VICE PRESIDENT

It is about time to choose your next club trip, the offerings are great for the summer. Please join us as we get those great tugs on the line.

- ❖ June 11 Pre Trip Meeting: Mammoth Float Tube/Stream Frenzy at Long Beach Bowling Club 7:00 PM
- ❖ June 27-29 Mammoth Float Tube & Stream Frenzy  
Streamkeeper: Maria Rivas and Bettye Swart
- ❖ July 2 Pre Trip Meeting – Brookie Bash at Long Beach Bowling Club 7:00 PM
- ❖ July 11-13 Brookie Bash  
Streamkeeper: Jeff Sadler
- ❖ July 31 Pre Trip Meeting – Surf Trip Meeting at Long Beach Bowling Club 7:00 PM
- ❖ August 17 Surf Trip/RAT Beach, Torrance  
Surfkeeper: Bob Middo

Need questions answered then call Bettye Swart. See you on the water!

# 100th ACA National in San Francisco

**MARK LIPE, CAPTAIN**

The Oakland Casting Club and the Golden Gate Angling Casting Club are hosting the 100th ACA National Tournament August 4–9, 2008. This centennial tournament will be held in Golden Gate Park of San Francisco at the GGACC's Angler's Lodge and Casting Pools with the distance events at the nearby Polo Fields. The Angler's Lodge and Casting Pools were built in 1938 and is regarded as one of the finest casting facilities in the world. The venue has been used for ACA National Tournaments in 1939, '50, '56, '75, '81, '93, '98, and 2003.

Witness some of the best casters in the country and plan on participating yourself! Tournament casting is a wonderful sport and a great opportunity to improve your casting skills, meet new friends, and enjoy the camaraderie associated with tournament casting.

## SCHEDULE OF EVENTS:

**Monday, August 4** – All Day Registration and Practice with Opening Ceremonies @ 5:00 PM

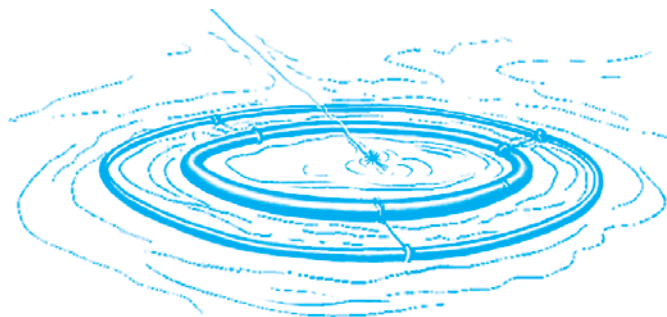
**Tuesday, August 5** – Distance begin @ 9:00 AM with 18 gm Plug 2-Hand Revolving Spool followed by Single Hand Fly, and 2-Hand Fly

**Wednesday, August 6** – Distance begin @ 9:00 AM with 18 gm Plug 2-Hand Spinning followed by 7.5 gm Plug Single Hand Spinning and Angler's Fly

**Thursday, August 7** – Dry Fly Accuracy begins @ 9:00 AM followed by 1/4oz. Plug Accuracy and the 5 wt. Comb. Accuracy/Distance Special Event. The Annual Business Meeting begins @ @ 5:00 PM

**Friday, August 8** – 3/8oz. Plug Accuracy begins @ 9:00 AM followed by 5/8oz. Plug Accuracy and 5/8z. Plug Accuracy Team Event

**Saturday, August 9** – Trout Fly Accuracy begins @ 9:00 AM followed by Bass Bug Accuracy and



a Demonstration by Champions. The Awards Banquet begins at 6:00 PM

## HOTEL INFORMATION:

Holiday Inn Civic Center – 415 626 6103

Seal Rock Inn – 415 752 8000

Days Inn at the Beach – 800 329 7466

For more information, you can log onto the ACA website: [www.americancastingassoc.org](http://www.americancastingassoc.org)

## Clubhouse Fund Raiser

**JEFF SADLER, PAST PRESIDENT**

The donations from members, other individuals, and organizations continue coming in to support our rebuilding requirements. You have been very generous and each donation is valued.

The building committee is now starting to make the many decisions that come up affecting the final result. In order to properly decide on options it is now important to know how much funding we have available.

Therefore, if you haven't yet donated but intend to, it would be better to do it now than later so we can do the quality job you as members have every right to expect.

Thank you for your support



# A Successful Beginning Casting Clinic

GARY CHARLES, CASTING CO-CHAIRMAN

This year, nearly 100 enthusiastic and highly motivated students participated in the club's annual beginning casting clinic. Nearly all found the experience enjoyable, as well as instructive. Most were impressed by the quality of instruction, and were overwhelmed by the great lengths instructors took to be helpful. In addition to learning fly casting, students learned of the club's most cherished tradition, that of being, first and foremost, an educational club.

The success and popularity of this event is due solely to the dedication of the instructors. The instructors participated, not only in the clinic, but in the instructor workshop that the club conducted beforehand. This amounted to an eight week commitment.

The results from these efforts were evident. Students received quality instruction, and consistent guidance from instructor-to-instructor. The level of instructor participation was so great that, despite the large student turn out, we achieved a low student/instructor ratio of nearly 3 to 1. As a result, students with special needs were not lost in the shuffle. All received personalized attention.

This was achieved through the efforts of a great many. On behalf of the club, Steven Lim and I, as co-chairmen of the instructor workshop and the beginning casting clinic, wish to take this opportunity to thank each of the instructors for their role in making this program a success. In doing so, we wish to give special thanks and acknowledgement to John Van Derhoof for conducting the clinic orientation session, to Joe Libeu for performing video taping of students, and to Jeff Sadler for organizing and heading-up the San Gabriel River instructional outing.



Finally, we wish to thank the students, themselves. Without out them none of this would be possible. Though they seldom realize it, they provide us the opportunity to grow and improve as instructors. We hope that they come to learn and love our sport, as much as us. We look forward to their companionship on the water, and their enduring friendship in years to come.

## Membership Requests

MICK WOODBURY,  
MEMBERSHIP SECRETARY

Please join me in welcoming the following new members who joined or rejoined us in April

John Brahy Sr., "JB" (Spouse, Gayle) of Redwood City and Jess Sargent, (spouse Barbara) of Fountain Valley.

As new members, we wish you good times, great success and improved fishing. And if you've never been to a club meeting—bring a quarter!

If you're one of the few who still haven't paid your dues, time is getting short. Act now or lose your place in the roster.

For any questions or corrections contact me at (714) 840-5649 or by email at [mick@rwmarketing.com](mailto:mick@rwmarketing.com)



# Carpinteria Surf Outing

**CARL LASKI, MEMBER**

In March 2008, the Club outing to Carpinteria included Rich & Mary Lou Garrett, Joe Austin, Frank Sabatasso and Carl Laski.

On Saturday morning, our group met at The Artful Angler fly shop where Eric Rangel (owner/guide) provided advice on the local flies, conditions and beaches to fish. We then pulled on our waders and hit the beach directly behind the fly shop. Under overcast skies in the morning and beautiful clear skies in the afternoon, we caught barred surf perch. I was using a Clouser Darter which has a mixture of orange and olive. There were no corbina or halibut to be found on this trip. Due to week after week of high winds which turns the water over, the water temperature was still very cold (57 degrees). In March, it is too early for the sandcrab beds.

I met Rich & Mary Lou Garrett on the beach who told me that they both had left their stripping baskets at home. (Do you need a stripping basket for fly fishing the surf?) I certainly can't explain how someone on this outing could forget a stripping basket, since I handed out a comprehensive checklist at the pre-trip meeting. After casting for a while, Rich & Mary Lou both concluded that a stripping basket was a pretty handy accessory to have.

During a lunch break, Rich was talking to Eric Rangel at The Artful Angler fly shop. Eric was kind enough to loan Rich two stripping baskets that he could return on Sunday.

Mary Lou discovered a sandwich shop next door to The Artful Angler. More importantly, she discovered a superb turkey sandwich...my favorite.

We then drove to the other side of the 101 freeway and visited Gallup & Stribling Orchids. I could tell



that Mary Lou was in awe when she entered the nursery. I have been to this nursery many times before and everyone has the same reaction. It was a spectacular showcase of orchids. I then opened a second sliding door and from there you could look across the tops of the orchids in this huge greenhouse. Rich, Mary Lou and I stared at a sea of Cymbidiums!

Rich and Mary Lou Garrett had stayed at Motel 6 on Friday night. Due to noise from the 101 freeway, they canceled their motel reservation for Saturday night. On Saturday evening, Rich & Mary Lou tried unsuccessfully to find a camping space at Carpinteria State Beach and had canceled their motel reservation. Since sleeping on a park bench was not an option, they decided to drive home that night. (OK...Rich & Mary Lou have a very nice pop-up camper on their truck, but the sleeping on the park bench makes a better fish story.) About half way home, Rich & Mary Lou realized that they still had the loaner stripping baskets from The Artful Angler. Rich & Mary Lou attended a get together in Solvang the following weekend and returned the stripping baskets. I was certainly tempted to call Eric Rangel at The Artful Angler and suggest that he charge Rich a nominal rental fee of \$0.25 which, coincidentally, is the same amount the Sunshine Committee charges...

## JOIN US ON PRINCE OF WALES ISLAND

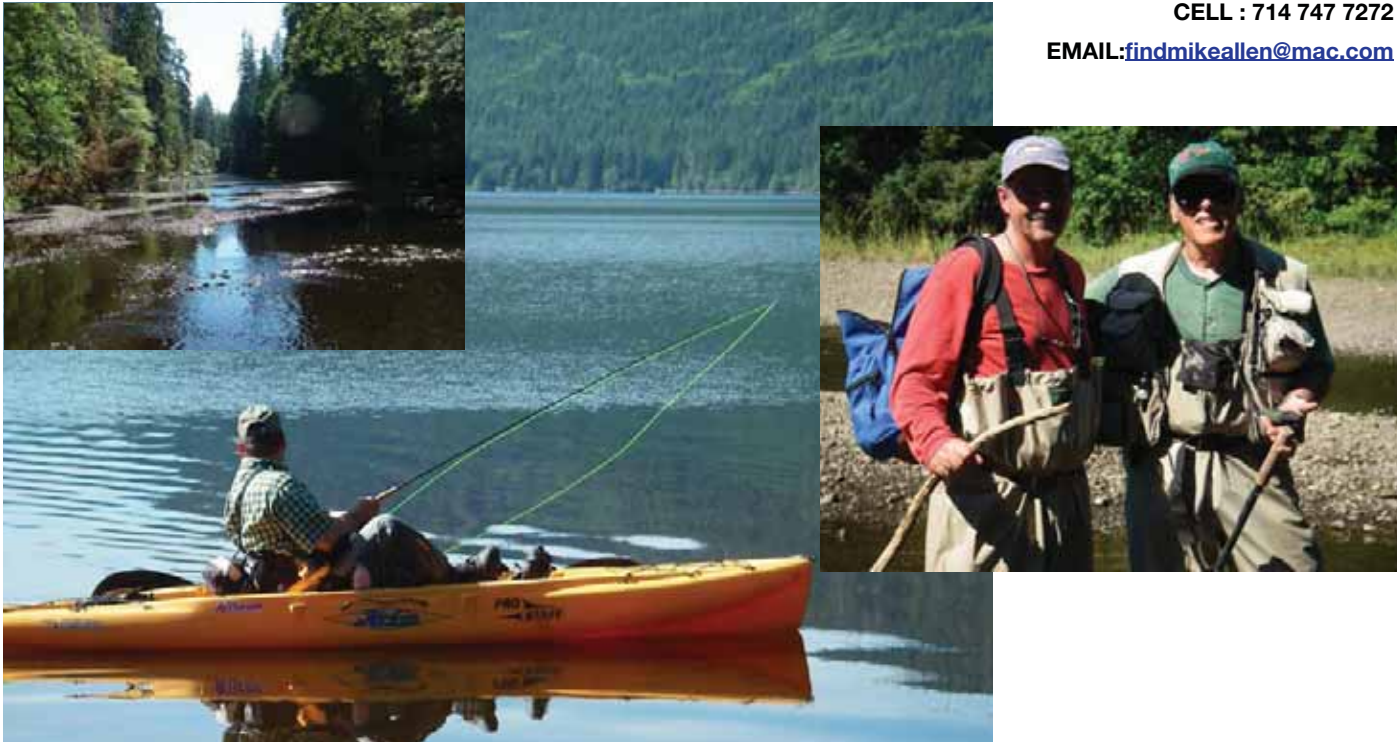
# ALASKA 2008

# \$1550

CALL : Mike Allen

CELL : 714 747 7272

EMAIL: [findmikeallen@mac.com](mailto:findmikeallen@mac.com)



we HANG OUT here every August

## You're Invited

Week One (August 8th to 15th) Space available

Week Two (August 15th to 22nd) Almost full

We've been fishing these waters as fishing friends for six years and we've got it dialed in. We'll share what we've learned about the area, and show you the flies and techniques that work for us. We're not your guides, we're just a group of fishing friends. Of course, we have adventures of a lifetime (every year) and bring home enough AK scrumptious fish to feed our families for a year.

### What's in it for you?

- Fly Fish the streams, rivers and tidewater rivers
- Skiff fish the Lakes and Bays
- Four Hobie Fishing Kayaks for testing the bays and lakes
- Fly tying in the evenings
- Each Fishing friend gets one day fishing the inside passage on the Silver Talon. Tackle and bait included
- All Food and lodging included
- Six full days of fishing
- Seven nights of lodging in the Coffman Cove Bunkhouse
- Self-guided so you save big bucks
- For those who prefer to work with guides, there are several sharp locals that we'd recommend.
- We show you where we fish, the flies we use, and what techniques work

COFFMAN COVE BUNKHOUSE on Prince of Wales Island, Coffman Cove, AK

[findmikeallen@mac.com](mailto:findmikeallen@mac.com)

# Stalking California's Wily Heritage Trout

MICK WOODBURY, 1<sup>ST</sup> VICE PRESIDENT

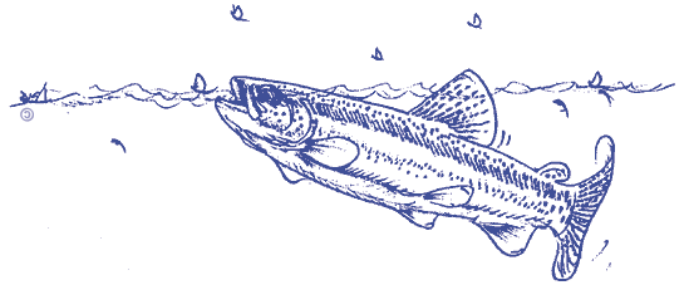
California is blessed with more native trout species than any state. Yet, few anglers have caught any of these precious native gems and even fewer have caught more than six of the eleven different species. The reason? It's difficult!

On Friday, June 27, our guest speaker will be LBCC member Michael Zona, M.D., and his topic will be the California Trout Heritage Program. Mike and his family are LBCC members and have worked on the California Heritage Trout Challenge.

Both Mike and his 10-year old son Michael completed the challenge recently and have the distinctive honor of holding #59 and #60 certificates. Michael is also the youngest person in the state to have completed the program. Mike will present an overview of the California Heritage trout species, share information about their locations, and other details about finding, catching and documenting these distinctive natives.

The California Fish and Game Commission established the Heritage Trout program in 1998, and to help promote these unique fish, created an angler recognition program. By catching and photographing six different forms of California native trout from their historic drainages, you can receive a colorful, personalized 16 x 20 inch certificate featuring the art of the talented fish illustrator, Joseph Tomelleri. Your certificate will show six full-color images representing the trout you caught, along with their dates and locations.

This enlightening program will make you more knowledgeable about California's native trout; fishable waters that you probably never even heard of; and a program that is unique to California. Hope you can join us.



## Pond Cleaning News!

MARK LIPE, CAPTAIN

The Long Beach Casting Club is very fortunate to have a casting pool that is used by members and the community. It is our responsibility to keep the pond clean and we try to do this task every 6 weeks.

On April 13th, a group of regulars worked the water hose, pushed the squeegees, raked the leaves and had the casting pond looking fantastic in only 2½ hours. This group consisted of Joe Austin, Wayne Eguchi, Mark Flo, Yash Iseda, Jay Jones, Mark Lipe, John Lincoln, Gerry Marrota and Dan Rivett. Great job everyone! Special thanks to Mark Flo, our past Captain who did a wonderful job in directing our pond cleaning and clubhouse cleanup efforts.

In addition, Ann Hurley, Carole and Jeff Katz, Jeff Sadler, Mark Tsunawaki, and Al and Judy Ross spent a few hours cleaning and drying the hundreds of porcelain dishes and coffee cups from our clubhouse kitchen. A little elbow grease was needed for that job! You folks can clean my kitchen anytime! The Captain's room was also cleaned out with salvaged items moved to our storage unit.

Our next casting pool cleaning will be Sunday, June 22nd at 8:00 AM. Hope you can participate. It is a wonderful opportunity to socialize, make new friends and give back to the Long Beach Casting Club.



# Clubhouse Rebuilding Auction

CAROLE KATZ, FUNDRAISING COMMITTEE

**M**ark your calendar! July 19, 2:00 PM. The Clubhouse Rebuilding Auction will be a major fundraiser for the Rebuilding Fund. This social event will provide everyone an opportunity to check on the progress of reconstruction, enjoy some good food and raise money for an important cause. Here are the donations so far:

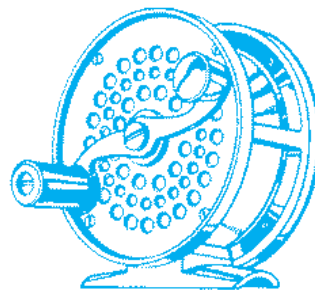
## TRIPS

- ❖ Three days of guided fishing, four nights accommodation and all meals for two anglers on the Big Horn with Montana Fly Fishers.
- ❖ Three days of guided boat fishing out of Sitka, Alaska, with Classic Casting Adventures.
- ❖ Day of drifting the Owens in Bishop with Pat Jaeger.
- ❖ Two days of fishing for two anglers on the San Juan River with John Tavenner.
- ❖ Two days of guided wade fishing for two anglers with Brock's Flyfishing in Bishop.
- ❖ A day of fishing for one or two anglers in the Florida Keys with Master Certified Casting Instructor Gordy Hill, with optional casting instruction.
- ❖ Guided trip for two with Conway Bowman.
- ❖ A day of guided fishing on the Big Horn with Jeremy Gilbertson.
- ❖ Bed & Breakfast Package for two at the Ritz-Carlton in Marina del Rey.

## EQUIPMENT

- ❖ Orvis Battenkill 3-4 wt. reel.
- ❖ Cortland Endurance 9 ft, 8 wt, 4 pc rod and tube.
- ❖ Brodin fishing net.
- ❖ Fine wooden fly boxes.
- ❖ Catayak, a catamaran kayak that enables the caster to stand.
- ❖ Outcast Trekker Float Tube.
- ❖ Heddon 7 ft bamboo rod for a 4 wt line with a single tip, refinished by John Van Derhoof.
- ❖ Rio Skagit Versitip, Bonefish, Gold Trout, and Striped Bass fly lines.
- ❖ Sage RPL 996-4 rod.
- ❖ Sage RP 690-4 rod.

- ❖ Stone Creek Combo, 590-4 rod, reel, line, case.
- ❖ Three DB Dunn two-piece rod cases.
- ❖ Wave two-piece rod case.



## BOOKS & DVD's

- ❖ Rick Hafele's book NYMPH FISHING RIVERS & STREAMS with its DVD.
- ❖ Rick Hafele's DVD FISHING LARGE WESTERN RIVERS.
- ❖ Skip Morris's ART OF TYING THE BASS FLY.
- ❖ Skip Morris's waterproof GUIDE TO WESTERN RIVER HATCHES.
- ❖ Simon Gawesworth's MODERN SPEY CASTING DVD.
- ❖ Scott Sanchez's NEW GENERATION OF TROUT FLIES.
- ❖ Scott Sanchez's SALTWATER FLY TYING.
- ❖ Ken Hanley's CALIFORNIA FLY TYING & FISHING GUIDE.
- ❖ Ken Hanley's FLY FISHING THE PACIFIC INSHORE.
- ❖ Ken Hanley's FLY FISHING AFOOT IN THE SURF ZONE.
- ❖ Mel Kreiger's THE ESSENCE OF FLY CASTING.
- ❖ Taylor Streit's MAN VS FISH-THE FLYFISHERMAN'S ETERNAL STRUGGLE.

## MISCELLANEOUS

- ❖ \$20 gift certificate for Ferraro's Cucina Italian Restaurant.
- ❖ Signed limited edition print "Golden Trout" by Rick Aeschliman.
- ❖ Three framed drawings by Scott Sanchez.
- ❖ \$300 in gift certificates from Bob Marriott's Fly Fishing Store.
- ❖ \$750 in gift certificates from Brock's Flyfishing Specialists.
- ❖ Ten half-day rentals of a Catayak, a catamaran kayak, in Huntington Harbor.
- ❖ Lifetime FFF membership for one person.
- ❖ Lifetime FFF membership for a couple.
- ❖ Framed "Brook Trout" print by Lee Stroncek (1988 Wild Trout Stamp Design).
- ❖ And, for the sentimental, fire-scarred LBCC fishing shirt, polo shirt, T-shirt or hat.

There will also be some gently used fishing items for sale.

Finally, a spectacular knife by Larry Albach is being sold with raffle squares at club meetings.



# A Fabulous Weekend

JOHN W. NAPOLI, MEMBER

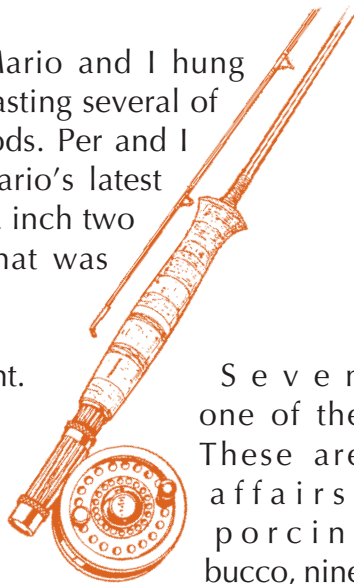
Many of you know Per Brandin. Some of you don't. Per was a member of the Oakland Casting Club. Per moved to Massachusetts a few years ago. He called me 2 months ago to tell me that he and his girlfriend, Jean, were coming to Oakland for a visit. His friends and I immediately started planning for this visit.

Per and Mario Wojnicki (Mario shared shop space with Per for 10 years in Oakland) are considered the two best bamboo rod makers alive. This is not some idle statement. It can be verified by many of the cognoscenti. Both are full time rod makers. This is not a hobby with them.

Friday night, the evening of my arrival, we all went to a terrific French restaurant in San Francisco. Present were Per and Jean, Mario and Mary Wojnicki, Tom and Elaine Gong (Tom is the past national president of the ACA), and some of Mario's friends.

On Saturday, Per, Mario and I hung out at Mario's shop casting several of Mario's wonderful rods. Per and I both drooled over Mario's latest rod. It was an 8 foot 4 inch two piece dry fly stick that was ultra-smooth.

That night was an event. guests were invited to Wojnicki's dinners. spectacular culinary The dinner included mushroom soup, osso bucco, nine different cheeses, tiramisu, and wine. The wine, you wouldn't believe. To try to describe it is to do it an injustice. The dinner was truly memorable.



Seven of these are affairs. porcini

On Sunday, we went to the Oakland Casting Club for a club cast. It rained on and off all day. That was no problem! Those people don't cancel anything. They do not have a clubhouse, so they put up a nice big tent cover to sit under. Elaine Gong brought coffee and really good Danish pastries. Later in the day, Alice Gilibert brought sandwiches and sodas. Henry Mittel was there, along with Cajun Bill Clemens, Tom Gong and most of the usual suspects. They cast Dry Fly, Trout Fly, Bass Bug, and a few plug games. Everyone was in rain gear. Everyone had a great time.

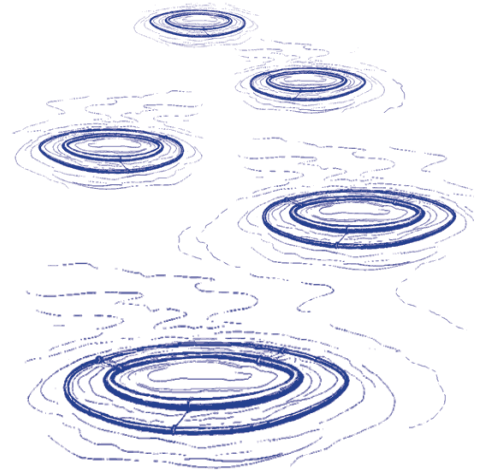
That evening, we ate our way into oblivion at a Chinese joint right next to Mario's shop.

Just as an aside, there are many people in our club who have no idea how in-demand Per and Mario's rods are. There is a seven year wait to purchase one of Per's rods. It's not much less to get one of Mario's. They cost around \$3,000 to \$3,500 per rod. There is a worldwide demand for these sticks. Mario is preparing for his next trip to Japan which is sponsored by Japanese fly rod fanatics.

I was fortunate to win a bronze medal in the trout fly event at the national tournament in Oakland a few years ago with one of Per's trout fly bamboo tournament rods. There were a whole lot of guys competing with plastic rods that had to confront that fact.

If you ever have a chance to cast one of their rods, do not pass it by.

This was one super weekend—casting, eating, and fine wine. It was tough to beat.



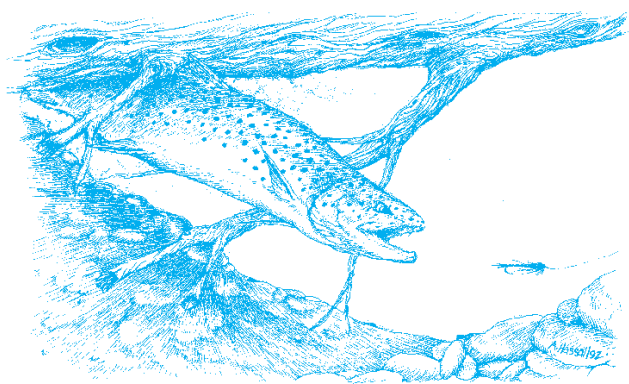
# Serendipity

BOB GRAHAM, MEMBER

Daniel Webster defines serendipity as “The faculty of making fortunate and unexpected discoveries by accident.” Craig Matthews defines it as a very effective fly used on the Madison River.

Maria called. We had to go fishing. We hadn’t been fishing in a few weeks (since the February Club trip) and she was beginning to suffer from withdrawal symptoms. So I caved in.

Although the skies were blue and the weather sunny, the winds were blowing pretty good. I had trouble wrestling my two door Explorer Wind Vane to keep it on the road. There were warning signs along SR 14 but the real truth emerged along 395. The highway was closed to campers and semi trucks going northbound at Pearsonville. When I arrived in Lone Pine, there were probably one hundred big rigs waiting to proceed south beyond the CHP roadblock.



I arrived Thursday afternoon having spent the morning in the office (Maybe the new administration can insure that work does not interfere with fishing). I checked in at the motel and was unloading the car when Joe and Maria drove up. You could tell from her smile that she had a good day on the water. Joe had two clients who he guided on the Lower Owens. They had a good day too. Because of the price of gas (and not

relishing the Thursday night special at Amigo’s) Joe and Maria had already planned on cooking meals. Joe rented a large single room with a full kitchen and put on his chef’s hat. Fortunately, the wind was modest and we could dine in the grass courtyard. So the first night we had a barbecued tri-tip, roasted potatoes, and roasted bell peppers. I brought a couple of bottles of red wine and listened intently at the lies of the day’s success. It was a very mellow evening.

Joe was interested in Czech nymphing and conducted a Socratic session where Maria and I were supposed to “create Czech nymphing”. Fortunately we guessed some of the answers correctly.

Friday we fished separately, exploring the lower portion of the wild trout section. There is limited fishing pressure there because access is not as easy. The result is the fish are more anxious to accept your offering. So if you can get to the river and find one fish, you should not leave for a while. There will be many more ready to grab your fly.

I tried Joe’s Czech nymphing system. He is designing a system for the Lower Owens that includes the weighted terminal end and two or three tags of flies. Czech nymphing is usually done with heavily weighted flies and no split shot. Joe will develop a different style.

Fortunately, I had a few weighted Copper Johns and tungsten bead headed green rock worms. When I was first rigging up at the parking lot in the Pleasant Valley Campground, I discovered that I did not have my nymph fly box. I had worked the Fred Hall Show and had intended to tie flies and use my nymph box as an example of all of the useless flies one could tie. That box was still in my fly tying kit. So I made do with what I had.

After lunch Joe and Maria came by. Joe was going to show Maria a new “secret” spot. I was catching a good number of fish and it occurred to me you don’t leave rising fish to search for fish. So I stayed. And caught more fish. Joe’s nymphing



set up worked well. I did later track them down to the “secret” spot. Joe was surprised I found them but they have two distinctive vehicles so the investigative part was just looking above the reeds to see fly rods swinging around.

Dinner was a repeat of the pleasant night before: grilled T-bones, potatoes and red wine. And, of course, a few lies were told about the success of the day.

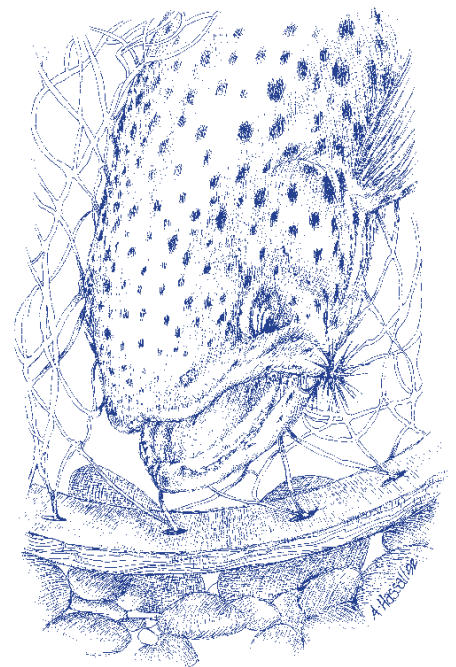
On Saturday, Joe had a nymphing class. Maria and I were on our own and we tried to find Joe’s “secret” spot. I drove all the way to the cement plant to turn around and finally found the area we wanted. Maria jumped into her (now) favorite run and I rigged up to fish the pool Joe liked. Actually re-rigged would be more accurate. There was a tree overhanging this pool and I lost several rigs into this fly eating tree. By the time I figured out that the best way to fish this pool was from the other side of the river, I had lost three complete nymphing rigs. And of course, in the same amount of time, Maria had already landed three nice fish.

I fished up stream of the pool along a trough on the far side and eventually could see a minor hatch occurring around the bend. I left the water and made my way through the tules and rigged up my 3wt rod with a BWO. I also attached an emerger as a dropper but it didn’t last long. An errant backcast into the tules robbed me of my emerger, but I didn’t notice because they were taking the dry. Another good day.

Dinner was pizzas and beer with Joe’s class. Once again, they were a mix of absolute beginners and experienced anglers desiring to improve their skills.

Sunday Maria had to leave early. Something about WORK. Joe had day two of the class and I went off fishing alone. I tried another location where I hadn’t fished before. But the weather had changed. The temperature had dropped considerably and the wind really picked up. In fact since I had a personal weather station with me, I can report that the winds were 12-16 mph in the morning gradually increasing to 25 mph and gusting much higher. The wind chill factor drove the temperature down to the teens. And I was dressed in my steelhead outfit with extra layers and a full hood. I didn’t need sun block on Sunday because there was no exposed skin!

The only thing a personal weather station does for you is to confirm with great accuracy how miserable conditions really are. Since I couldn’t stand upright, I figured it was time to leave. I was Czech nymphing again of Sunday but not out of choice. The particular stretch of river I was fishing channeled the wind and my strike indicator was blowing up stream in opposition to the current. Not exactly a drag free drift! I left just before the fire started.



When I returned home, the UPS guy had left me a package. One was a Jack Dennis DVD on Czech nymphing with Vladi. I can’t



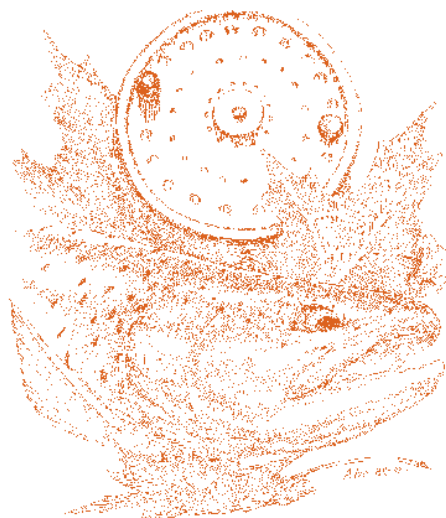
give you the name of the DVD or Vladi's full name because Joe borrowed the DVD and has not returned it. When I called Gary on Saturday morning to report on how productive Czech nymphing was, he immediately corrected me and explained the Polish created Czech nymphing. I treated this information with some degree of skepticism because I knew that Gary is somewhat geographically challenged and he still believes the Windy City is the capital of Poland. And that the greatest addition to the culinary universe is the deep-dish pizza. But Vladi is Polish and believes he invented Czech nymphing.

The other item in the UPS package was the second edition of *CZECH NYMPHING* by Karel Krivanec and friends. Sure enough, the book explains the origins of Czech nymphing and the Polish did invent the technique. So I owe Gary an apology. (But he'll never get it.) A chart in the book amply demonstrates the success of the system. Through 2007 there have been 27 world fly fishing championships. The United States is dead last of the participants—number 17. The first four are France, the Czech Republic, Italy and Poland.

I didn't realize until I read the book and watched the DVD that the system I was using that weekend (although quite productive) was not correct. I didn't completely understand Joe's breakfast lecture. Czech nymphing is a short line nymphing technique

flies through the water at a speed slightly greater than the current. There is also a wrist twitch at the conclusion of the drift because fish frequently stalk the nymph until the very end.

Hopefully Joe will have the details worked out for a Czech nymphing system to use on the Lower Owens by the time of the advanced nymphing class in the fall.



using weighted nymphs with no strike indicator and a horizontal rod that you use to pull the

## Second Annual Rush Creek Clean-Up

### SOUTHWEST COUNCIL FFF

The Southwest Council of the FFF will be installing monofilament recycling tubes at key areas along the creek. Sponsored by **SILVER LAKE RESORT** this event will be held on June 22, 2006 from 7:00 AM until noon. Meet at the Silver Lake boat ramp for sign-up at 7:00 AM. Be sure to bring gloves, hat, and (waders if you have them). Trash bags will be provided.

A barbecue lunch will be provided by Silver Lake Resort after the clean-up.

Hope to see you there





# Think Safety!

**BOB GRAHAM, MEMBER**

**T**he accident on the December trip to the Lower Owens reminds us of the need to think about safety. As most of you know my fishing buddy slipped on the grass and fell hard to the ground. He thought it was a dislocated shoulder but the emergency room diagnosis was a broken chip in the arm bone. Unfortunately they were incorrect and a recent MRI has determined that the rotator cuff itself needs to be surgically repaired.

It was not necessary to immobilize the arm because of the body's pain mechanism achieving that end. Once home, I thought about the adequacy of the first aid kit in my car and decided to upgrade it. Also I reviewed the contents of the first aid kit I take in my fishing gear bag and the one I keep at home.

Some of the best first aid kits for outdoor use can be found at Adventure Medical Kits with sized kits available for all kinds of trips based on the number of people and the length of trip and the kind of outdoor activity. They have some kits appropriate for medically trained personnel that include scalpels, suturing material and other advanced medical items. The manuals are clearly written, well illustrated and include a list of prescription items to obtain from your family doctor if you are away from help for extended periods. Another good source for first aid manuals is the Wilderness Medical Society that provides training for medical people in current techniques for addressing wilderness emergencies.

Of course the American Red Cross provides



training leading to your first aid card and CPR certification. It only takes a day and you'll meet some nice teachers. I was the only civilian in my class. All the others were teachers trying to keep their credentials current. The Red Cross also sells first aid kits in different sizes as well as disaster preparedness kits.

Several years ago I took a class on marine medical emergencies at the Orange Coast College School of Sailing and Seamanship. The class was comprised of mostly couples that were planning on leaving on a cruise within a few months of the class. At sea, both partners must be able to perform all tasks in case one of the partners is injured or disabled. In that class we did learn some advanced skills including suturing techniques, use of the otoscope and the necessary contents of a medical kit for use on the high seas on a lengthy cruise. The theme of the class was that your medical kit should contain everything a doctor might have. Medical advice is only a radio call away but the sailor would have to perform whatever medical task was necessary until landfall is reached. Obviously you would have to have all the necessary medical supplies and drugs on board since Walgreen's does not deliver at sea.

We were only a short drive from the emergency room on the Lower Owens trip, but the accident reminded me of the importance of being prepared. So I have added supplies to my home first aid kit, expanded the one I keep in the car and I ordered a First Years kit for my daughter. My grandson is almost two years old and runs everywhere, mostly into things. This Red Cross kit is tailored for active toddlers and it now accompanies their stroller wherever they go.

Accidents do happen and people have even been known to fall out of boats. I feel it is best to be ready.



# Mammoth Float Tube and Stream Frenzy

BETTYE SWART, 2<sup>ND</sup> VICE PRESIDENT

On Friday June 27 thru Sunday June 29, join us for some of the best still water and stream fishing in California. Our Fish Camp will be Site #38, Old Shady Rest Campground, in downtown Mammoth (important to remember Old Shady Rest as there are two Shady Rest Campgrounds). We are going to have two groups: the float tubers and the streamers. I really would like to see a more active float tube group from LBCC so this is the beginning.

If you come up Friday, then meet at Fishcamp #38 by 6:00 AM (yes, I will have coffee) On Saturday morning we will meet at the Breakfast Club, 437 North Main Street, at 7:00 AM. Saturday night we

will cook a main dish and the rest is potluck at Fishcamp #38 about 7:00 PM. We will supply the campfire and you, the fish tales!

Come be part of the group. All the details will be discussed at the Pre-Trip Meeting June 11<sup>th</sup>, 7:00 PM, Long Beach Bowling Club. Sign up at the May general meeting. Call me if you have questions at 949-462-9553.

Here fishy, fishy, fishy...



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**Wow**, what a dream I just had last night, no, its not a dream, you are there walking along the flats, in cool ankle deep blue, green, clear or fishing from the bow of your boat for Permit, Tarpon and the ghost of the flats, Bonefish. Ascension Bay Bonefish club is a true end-of-the-road experience, far south of Cancun and Playa del Carmen. Ascension Bay Bonefish Club (ABBC) maintains a long history of providing the traveling fly fisherman with outstanding flats fishing inside the pristine Sian Kaan Biosphere.

Join Dusty Sprague and Joe Libeu for outstanding fishing the week of November 14–21, 2008 at Ascension Bay to improve your knowledge and skills in fly casting and fly fishing. During our week together we will provide group presentations and one-on-one instruction to strengthen your casting and fishing skills. We will be doing preparation workshops for both CI & MCI and can provide testing for Certified Instructor and Master Instructor for those interested in the Federation of Fly



Fisher's (FFF) Casting Instructor Certification Program. And, if you like, we can fish with you and offer suggestions for curing casting problems and improving your presentations. Your instructors have extensive experience in teaching fly casting and fishing for salt and freshwater species.

*For those interested in being tested for FFF Certified Instructor or Master Instructor, advance arrangements are necessary. To be tested, contact us ahead of the trip; we will arrange a morning during the week to provide the examination.*



Sierra Pacific Fishing Adventures • 3901 Brayton Ave., Long Beach, CA 90807 • (310) 749-6771 • fishlgf@ix.netcom.com

# Calendar of Events

## June

1	Sunday		Marriott Spey Clinic with Deck Hogan
3	Tuesday	7:00 PM	Casting Games
4	Wednesday	6:30 PM	PHW Casting
5	Thursday	7:00 PM	Board of Directors Meeting
			Activity Night at the Pond: Casting
10	Tuesday	7:00 PM	Casting Games
11	Wednesday	6:30 PM	PHW Casting
		7:00 PM	Pre-Trip Meeting: Maria Rivas for Mammoth Trip at LBLBC
12	Thursday	7:00 PM	Activity Night at the Pond: Casting
17	Tuesday	7:00 PM	Casting Games
18	Wednesday	6:30 PM	PHW Casting
19	Thursday	7:00 PM	Activity Night at the Pond: Casting
24	Tuesday	7:00 PM	Casting Games
26	Thursday	7:00 PM	Activity Night at the Pond: Casting
27	Friday	7:00 PM	Club Meeting: to be determined at Community Center
27-29	Weekend		Mammoth Club Trip

## July

1	Tuesday	7:00 PM	Casting Games
2	Wednesday	7:00 PM	Pre-Trip Meeting: Jeff Sadler for Brookie Bash
3	Thursday	7:00 PM	Board Meeting at Lawn Bowling Club
			Activity Night at the Pond: Casting
8	Tuesday	7:00 PM	Casting Games
10	Thursday	7:00 PM	Activity Night: Casting
11-13	Weekend		Club Trip: Brookie Bash
15	Tuesday	7:00 PM	Casting Games
17	Thursday	7:00 PM	Activity Night at the Pond: Casting
22	Tuesday	7:00 PM	Casting Games
24	Thursday	7:00 PM	Activity Night at the Pond: Casting
25	Friday	7:00 PM	Club Meeting: Joe Libeu's "Tips & Techniques" at Comm. Center
29	Tuesday	7:00 PM	Casting Clinic: 3rd Night
31	Thursday	7:00 PM	Activity Night at the Pond: Casting
			Pre-Trip Meeting: Bob Middo Surf Trip at Lawn Bowling Club

## August

4-9	Week		ACA National Tournament at Golden Gate
5	Tuesday	7:00 PM	Casting Games
7	Thursday	7:00 PM	Board of Directors Meeting
			Activity Night at the Pond: Casting
12	Tuesday	7:00 PM	Casting Games
14	Thursday		Activity Night at the Pond: Casting
16	Saturday	7:00 AM	Surf Fishing Trip with Bob Middo
19	Tuesday	7:00 PM	Activity Night at the Pond: Casting
21	Thursday	7:00 PM	Activity Night at the Pond: Casting
26	Tuesday	7:00 PM	Activity Night at the Pond: Casting
28	Thursday	7:00 PM	Activity Night at the Pond: Casting
30	Friday	7:00 PM	Monthly Meeting: Sam Mihara at Community Center
31	Sunday	7:30 AM	Breakfast
		9:00 AM	Casting Games

**Special Note:** Due to the fire many the club's activities have been decreased or curtailed entirely until the club has been repaired and is once again functioning. Until such time as the club is back to normal operation the Club's website will be of primary importance in keeping you up to date with club functions and activities. Be sure to double check all dates and times on the website. The Club's website can be found at: [www.longbeachcastingclub.org](http://www.longbeachcastingclub.org).



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